

DR. A. U. RAMAKRISHNAN

CANCER

MY HOMEOPATHIC METHOD



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Preamble

Introduction

My father, a homeopath and medical doctor (MD), was my mentor, inspiring me to complete my conventional medical training. Following my MD, I commenced homeopathic training with Margery Blackie at The London Faculty of Homeopathy. My father also inspired my sister and brother to follow the medical, homeopathic path. It was the loss of my siblings to cancer that set my primary focus on cancer more than 40 years ago. Back then, in my own practice, I was not having success treating cancer either. Over the years, in trying different combinations of dosing and potencies, my Plussing method was born. I have learned how to treat and manage cancer cases, sometimes with cure, often stabilisation, and when necessary, palliation.

Over the 14 years since I first set down my method of treating cancer, for the benefit of homeopathic practitioners and patients, my method has evolved. In that time the number of cancer cases I've treated has tripled, from 5,000 to more than 15,000. In reviewing many of my old cases, I noted that with this additional experience, I have refined my prescribing method and remedy selection. It is not that I set out to make changes, but now noting them, it is once again time to publish the updates and present an array of new cases.

The preponderance of encouraging results keeps my motivation peaked, allowing me to continue making adjustments as necessary. Often I am reminded of these successes by my trusted colleague and friend, Eileen Isison, who once again determined a new book was needed. This volume should clarify the method by addressing concerns we have heard over the years while incorporating the new techniques and remedy choices.

For those familiar with the first book, it should be noted that as of 2012, in almost every case presented as cured, the patient is still cancer-free.

My Bird's Eye View

A serendipitous event about 17 years ago started me working with, and for, Dr Ramakrishnan. It has turned into a one-of-a-kind job that many other homeopaths think they want - until they try it!

Over the years I have had a most unique opportunity to watch Dr Ramakrishnan's prescribing and successes. Often when colleagues attend seminars, brilliant cases are reported but there is never any long term verification.

This is where my overview is unparalleled.

I have taken many of the US cases for Dr Ramakrishnan, and helped the patients get started on their journeys. I hear directly from them how they are doing, both amazingly and disappointingly. In those whom we expect to do well, the amazing results have far exceeded the disappointments. Even so, patients finish their treatments or just disappear when they think they have had enough of dealing with their disease. I often wonder what happens to these people and just as often I find out in unexpected ways.

Recently I had a phone call from someone who was referred by a patient we treated for Stage 4 breast cancer in 1998! (Now it is 2012.) How wonderful to know she is still well.

Sometimes a long past patient will send me a note suggesting I read a certain book or article and lately they offer to connect with me on LinkedIn. There were no social networks when these people came to us so it is another way to know they are still living full and busy lives.

Though we butt heads at times, it is an incredible experience to have this involvement with Dr Ramakrishnan, to be part of the greater homeopathic community and learn so much.

Part of the learning is not just with the prescribing but how to help people with their end of life decisions.

Never having been known for my tact, this has been a challenge I didn't expect. I have learned to deliver bad news in non-scary, non-threatening ways. Even more difficult is to deliver the truth to

those who desperately hope someone will confirm what they already believe about the bleakness of their situation.

When I started this book project, I went through my records to determine if my perception matched the facts in relation to success. I am aware of my biased view, believing that everyone with cancer should follow Dr Ramakrishnan's protocol because I think it is so brilliant.

I was shocked! The results are better than even I imagined. My review absolutely convinced me.

Another benefit of working with Dr Ramakrishnan is meeting some of the many excellent homeopaths in the US. Often I field calls from them wanting answers to prescribing and treatment questions on how to integrate Dr Ram's treatment into their own prescribing styles. Some who call are famous in their own right, people whose seminars I've attended and learned from in the past. When these practitioners keep an open mind about patients who they have not yet been able to help - I know I am talking with a truly gifted healer, and that as a result, Dr Ram's work will have an even wider reach.

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Acknowledgement

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I would like to acknowledge and credit Catherine R Coulter, the coauthor of “A Homeopathic Approach to Cancer”, who recently passed away. She used her years of homeopathic expertise to give system and structure to my findings; contributed many insights from her own experience; brilliantly created the case presentation method that appears in this text and brought her rare literary skills to the writing of the book.

Caution
<p>This volume is intended as instruction for trained homeopaths and as encouragement for cancer patients to consider this option for their own care.</p> <p>This is not a self care manual. Practising homeopaths should see the chapter, Directions for Homeopaths. Patients should discuss the contents with their doctors.</p>

A Brief Introduction to Homeopathy

Readers unfamiliar with the philosophy, principles and practices of homeopathy are urged to consult any one of a number of introductory books available on the subject. These are often found in health food stores, libraries or online. The parameters of this book allow for only minimal introduction.

Samuel Hahnemann was the first to elucidate the principles of homeopathy, in the early 1800's. The basic premise, based on the Law of Similars, had been observed for much longer going all the way back to Hippocrates. What Hahnemann observed was that a substance ingested by a healthy person produced quantifiable symptoms. If those same symptoms were seen during an illness, this same substance could cure them.

From this basic tenet, Hahnemann developed strict rules for applying his method, including "proving" the substances to learn which symptoms could be cured by each particular substance. Even today as science discovers new entities, present day homeopaths continue proving them and recording the information in reference texts called *materia medicas*.

In the strictest classical tradition, a prescriber administers a single dose of a single, individually selected remedy, (one that corresponds most closely to a patient's totality of symptoms) - then waits and observes the effects of the dose. A review at this point is essential for the homeopath to decide his or her next step. In most patients, a "constitutional" remedy can be determined based on their physical, mental, emotional and personality traits.

However, in acute ailments (such as insect stings, chickenpox, fevers, or influenza), a limited number of medicines appear to work best, regardless of personality type. These are called "specific remedies", in that they address the specific disease itself rather than the patient's complex of physical, mental, and emotional symptoms. So it is in the

treatment of cancer. The severity and often urgency of this condition demands that the individuality of the patient yields to the “specificity” of the disease itself. With this disease, where one is dealing with measurable pathology, less subtle methods of prescribing are required. The very concreteness of the tumour, combined as it so often is with a race against time, calls for a more specialised (rather than individualised) mode of prescribing.

Homeopathy is so vast and multifaceted in its healing action that most practitioners develop their own prescribing style discovering that particular illnesses yield to different methods.

First and foremost, Dr Ramakrishnan is a classical homeopath, classically trained as described in the introduction. For all common complaints this is still the way he prescribes. In non-life-threatening situations the typical prescription is one dose of a well-selected remedy followed by waiting to observe the reaction. With cancer this is not an option. Usually, there is no time to wait for a slow response as cancer typically progresses quickly. So we had to figure out how to accelerate the process, to make the body’s healing mechanism work faster than the cancer could spread. With more than 40 years treating cancer, and many trials of dosing, potency selection and study of materia medica, we arrived at this current treatment protocol. As Hahnemann teaches in the Organon, “the physician’s high and ONLY mission is to restore the sick to health, to cure, as it is termed. The highest ideal of cure is rapid, gentle and permanent restoration of health in the shortest, most reliable and most harmless way..... ” These “rules” are the permission needed to adapt the prescribing to the urgency and severity of the condition.

Hence this method that involves a schedule of frequent repetitions of two remedies alternating weekly. The purpose of this alternation is to prevent the patient’s system from tiring of a remedy, reduce the possibility of aggravations and to attack the disease from two directions.

Directions for Homeopaths

There is a dual purpose in mind for this volume. First to give hope and optimism to patients and families whose lives have been turned upside down with a cancer diagnosis and second to teach and encourage other homeopaths to take up this work.

Most homeopaths with enough experience to consider taking on a case with such serious pathology have questions about how they can practise in their familiar way with the training and studying they have done. It must be stressed that Dr Ramakrishnan is not trying to change anyone's style, just reporting from his vast experience what works best most of the time. For those confident of having elicited a true constitutional remedy that they wish to prescribe, there is rarely a reason not to do just that.

A few things to bear in mind though. If the patient has been on this remedy in the past, or is currently on it, and cancer is diagnosed, it must seriously be reconsidered as the correct remedy. Sometimes it truly is a brilliant prescription and cancer in its insidious way has still found a host, then this will likely be the remedy to return to when the cancer is controlled or eliminated.

It is worth noting again that Dr Ramakrishnan is a classically trained homeopath and medical doctor. His practice is strictly classical, recognisably so for all other situations.

With cancer, if you treat the classical way, you can sit and watch hundreds of thousands of people die classically. Hahnemann made huge changes from his 5th Organon to the 6th. It was a big step and it took lots of courage to do it. The Organon is a guideline but not a bible. Only the eternal values cannot be changed. But scientific research must constantly be changing. The only thing that doesn't change is the fact that everything changes!

So whether the practitioner chooses from the remedy selection described herein, or their personal knowledge of materia medica, the two most important details are to use the "Plussing method" of alternating

the constitutional/organ-specific remedy with a nosode, and slightly altering frequently repeated doses.

For reasons of differences in practice, homeopaths are some of the most difficult patients, particularly when faced with serious pathology. If you are a trained homeopath, a student of one of the “rock star” names in our field, and you have the utmost confidence in their prescribing, by all means let them prescribe a remedy for you. Then take it following the directions in this volume, alternating with the correct nosode. Most homeopaths have some miraculous cancer cures to report, but very few have the depth of consistent results shown by this Plussing method.

Some of the cases included have particular instructional value to aid practitioners who must prescribe for patients who are also following allopathic treatments. These cases run the gamut, showing treatment of all stages of this disease with or without chemotherapy, radiation or surgery.

Practitioners will note that the prescribing in various cases is not consistent. Some have notations explaining these steps along the way to the current path. All cases are started with both remedies in the 200C potency. The organ-specific remedy potency is increased fairly early on while the nosode stays in the lower potency for quite some time. The nosode is then usually raised to a higher potency before the organ-specific is raised again. If the organ-specific remedy needs to be changed, the new remedy is given at the 200C while the nosode stays at the potency it had reached.

It is important to emphasise that the Plussing method is only employed when treating cancer. It is never to be used when treating other degenerative or chronic diseases.

Part 1

Frequently Cured Types of Cancer - Main Remedies and Cured Cases

The following cases represent types of cancer that yield consistently good results when treated with the Plussing method. Many have extremely long-term follow-up.

For clarity: a month is considered four weeks which will explain why some of the time frames do not quite add up. The organ-specific remedy is always given in the odd numbered weeks, such as 1, 3, 5, 7 with the nosode in the even weeks, 2, 4, 6, 8.

Plussing is always daily.

Split Doses are always four times in the day(s) specified, normally morning, noon, evening and night.

Frequent follow-up is essential, always between 4-8 weeks. Where the prescription hasn't changed, longer times are mentioned in the following cases for expedience of reporting.

For the commonly asked question about success rates, see the chapter on statistics. Other commonly asked questions of both practitioners and patients are addressed in the *Frequently Asked Questions and Answers* chapter.

For easy reference, the principal remedies for each type of cancer are listed before the cases. Again, it must be stressed that the remedies listed are most often prescribed with dependable results. This should in no way limit an experienced homeopath from making other choices.

Bladder

Causticum, Conium, Staphysagria, Terebinthina oleum, Thuja.

Squamous Cell Carcinoma of the Bladder

CASE 1 A 63 year old man reported in **May 2002** with squamous cell carcinoma of the bladder, Stage 1. His initial symptoms were blood in the urine, painful urination with burning and oc-

casional blocking of the urine stream. He managed like this for a month before seeking diagnosis. Finally a cystoscopy revealed a lemon-sized mass sitting in the bladder which was biopsied. CT scan showed no metastases. There were no palpable glands found. Surgery was recommended but he refused, turning to homeopathy alone.

Generally he was chilly, with multiple warts all over his body, asthma since birth and a history of repeated vaccinations.

Prescription

- ▶ *Thuja* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Cantharis Q15* drops AM & PM on an as-needed basis when the burning and bleeding during micturition was severe.

A sonogram at this time showed the mass was smaller.

Prescription

- ▶ *Thuja* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

No significant change in symptoms so this prescription was continued for another 16 weeks. Still, the recurrent burning and bleeding was unrelenting. Another cystoscopy was ordered and to the surprise of all the doctors, the mass was now the size of a small marble.

Prescription

- ▶ *Thuja* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Terebinthina oleum* 30C AM & PM daily for 16 weeks (instead of *Cantharis* 0)

All symptoms ceased. No burning, bleeding or obstruction of urine flow. Patient gained six pounds. He refused any further testing but continued the Plussing for another six months. Then he was put on Split Doses of the same remedies for another six months then discharged.

Now in 2014, he appears well, still without undergoing additional tests, but bringing his various relatives for treatment of their ills.

Adenocarcinoma of the Bladder

CASE 2 A man, 71 years, presented for treatment of adenocarcinoma of the bladder, Stage 3, in **January 2001**. Diagnosis by CT scan and cystoscopy revealed a large cauliflower-like growth in the bladder, with lymph nodes involved in the presacral area. Surgery was ruled out because of the spread so he was given radiation followed by chemotherapy. He began the homeopathy during the chemotherapy. His initial symptoms were haematuria off and on with severe burning during micturition and loss of appetite. He lost 6 1/2 pounds in one month.

Prescription

- ▶ *Terebinthina oleum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

After eight weeks the bleeding, pain and burning stopped—he felt better. A CT scan showed shrinkage of the bladder mass as well as some of the pelvic nodes. The chemotherapy was stopped.

Prescription

- ▶ *Terebinthina oleum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

CT scan was repeated, bladder mass was 1/3 of original size, with shrinkage of almost all the nodes. During the last month of this prescription a disturbing symptom appeared—incontinence of urine which was getting worse. Supposedly this was due to some “clump of cells” pressing on the nerve to the neck of the bladder.

Prescription

- ▶ *Causticum* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks

The incontinence was almost resolved.

Prescription

- ▶ *Terebinthina oleum* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

All investigations were repeated. Results were improved but not clear. Same prescription continued for another six months.

Prescription

- ▶ *Terebinthina oleum* 10M Split Dose one day per odd numbered month for 2 years
- ▶ *Carcinosin* 1M Split Dose one day per even numbered month for 2 years

Now, some ten years later, in 2014, he is still doing well but the small lump is still there. It is monitored once yearly and is very stable.

Bone

Aurum metallicum, Calcareo carbonica, Hekla lava, Symphytum, (Bone includes: multiple myeloma, sarcoma and Ewing's sarcoma).

Multiple Myeloma

CASE A 31 year old man reported in **December 2010** with a diagnosis of multiple myeloma. His regular doctor sent him to the hospital with complaints of low back pain of six months duration and inability to walk for the last two weeks. He had no history of bowel or bladder incontinence or any other focal neurological deficit. MRI of the dorsal spine showed compression fracture of D7 vertebra, mild compression of D10; multiple lytic lesions were seen in the thoracic and lumbar vertebrae, and ribs. Bone marrow study was suggestive of plasma cell disorder and the CT guided pedicular biopsy was consistent with plasmocytoma. He was advised to have chemotherapy to prepare for the necessary bone marrow transplant. He declined the chemotherapy turning to homeopathy instead.

Prescription

- ▶ *Hekla lava* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Full blood count and liver function tests were repeated monthly. His pains improved and in about four months he could walk a few steps without much pain.

Prescription

- ▶ *Hekla lava* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

MRI at six months from start of homeopathy showed all bone lesions were stable. At this time the *Carcinosin* was also raised to the 1M potency and the Plussing alternation continued another six months.

MRI, blood count and liver function tests were all stable at this point, now one year since treatment commenced.

Prescription

- ▶ *Hekla lava* 10M Plussing odd numbered weeks for 24 weeks
- ▶ *Carcinosin* 10M Plussing even numbered weeks for 24 weeks

The man became symptom-free during this time; lytic lesions in the bones were stable; all other parameters were normal and the patient had returned to work.

Since July 2012 he has been moved to Split Doses one day per month, alternating the same two remedies in the 10M potency.

Ewing's sarcoma

CASE Male, 18 years, diagnosed **January 2003**, Ewing's sarcoma
4 (tumour) at acetabulum.

Biopsy followed by surgery, then chemotherapy and radiation. Recurrence October 2003, additional chemotherapy and radiation given.

November 2003 turned to homeopathy, tumour in the bone 11 cm, about the size of an orange.

Prescription

- ▶ *Symphytum* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks
- ▶ *Symphytum* 1M alternately with *Carcinosin* 200C for second 12 weeks

CT scan showed tumour shrank and became normal in one year.

Approximately 18 months later (May 2005), secondary metastasis found in lung when he complained of incessant cough.

Prescription

- ▶ *Kali carbonicum* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 12 weeks

- ▶ *Kali carbonicum* 1M Plussing odd numbered weeks for the second 8 weeks alternated with *Carcinosin* 1M Plussing in the even numbered weeks, then
- ▶ *Natrum sulphuricum* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks

November 2005, secondaries disappeared.

Homeopathic treatment continued with Plussing Doses going up to 10M potency. In June 2006 he was switched to the Split Dose method until treatment was completed June 2007.

Currently in 2012 there is no recurrence and he remains in good health.

Ewing's sarcoma

CASE 5 The parents of a 12 year old boy brought him for treatment in **July 1994** with a diagnosis of Ewing's sarcoma. There was a bony growth in the middle 16 of the fibula, Grade 2. They were advised to bring him for chemotherapy and radiation which they refused.

He was bright, "chirpy," full of energy, hyperactive and extroverted with a fear of animals. History of primary complex when he was three. One of his parents had tuberculosis five years earlier.

Prescription

- ▶ *Hekla lava* 200C Plussing odd numbered weeks for 24 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 24 weeks

There was complete regression of the entire tumour in the six months. In March 1995 CT scan showed radioactivity in the right lateral malleolus.

Prescription

- ▶ *Hekla lava* 1M Plussing odd numbered weeks for 24 weeks
- ▶ *Tuberculinum* 10M Plussing even numbered weeks for 24 weeks

The metastasis cleared up. He reported again in July 1996 and for several years *Tuberculinum* 10M was given in a Split Dose once or twice per year as a preventive.

Since then he is seen once every six months and is healthy and cancer-free now in 2012.

His picture was that of *Tuberculinum bovinum* but the initial prescription was for *Hekla lava* with its specificity for bone lesions. When there was metastasis the constitutional was brought in.

Primary complex is a reaction to tuberculosis found only in children which affects glands in the mediastinum and not the lungs.

Brain

Aethusa cynapium, Baryta carbonica, Baryta iodata, Calcarea arsenicosa, Plumbum iodatum, Plumbum metallicum, Zincum sulphuricum.

Diffuse intrinsic pontine glioma (DIPG): Calcarea arsenicosa, Lachesis, Phosphorus, Selenium (where blurry vision is predominant).

Glioblastoma Multiforme

CASE
6

A 36 year old married woman, mother of two, came in **2005** with recurrent headaches which were becoming more and more frequent over 2-3 months. Finally she saw a neurologist who arranged an MRI resulting in diagnosis of glioblastoma multiforme. She declined the radiation that the neurologist advised.

She was obese, chilly, laid back but at the same time restless, impatient, impulsive, emotional, sentimental and fond of food. Her headache was on the side not lain on.

Prescription

- ▶ *Calcarea arsenicosa* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Her situation was reviewed monthly and the symptoms were improving dramatically. After three months of Plussing she had only one or two mild headaches in the last month.

MRI was repeated, brain lesions were definitely better; some completely gone and most had not increased in size.

Prescription

- ▶ *Calcarea arsenicosa* 1M Plussing odd numbered weeks for 24 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 24 weeks

Monthly reviews showed continued improvement so the same Plussing alternation was continued until she had completed treatment for a year.

The patient was absolutely comfortable and the repeat MRI showed the lesions 75-80 % gone.

Prescription

- ▶ *Calcareo arsenicosa* 10M Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 12 weeks

At this point she was switched to Split Doses, *Calcareo arsenicosa* 10M one day per month, odd numbered months and *Carcinosin* 1M one day per alternate even numbered month for one year. An MRI during this period was the same as the one before, the patient was stable and in good health. All active prescribing ended after 2 1/2 years from the start. Now in 2012 (seven years) she continues in good health.

Though the woman appeared constitutionally a *Calcareo carbonica*, the known efficacy of *Calcareo arsenicosa* in space-occupying lesions and the specific type of headache suggested this remedy instead. It has since come onto the list of “favourite” remedies for brain tumours.

CASE 7 A man, 53 years, diagnosed in December 2004 with a malignant glioblastoma multiforme, right frontal region, presented for homeopathic treatment in **February 2005**. His symptoms

were weakness of the right hand, frequent tremors and twitchings, which could be in any part of the right hand. There was also weakness of the wrist, somewhat like a drop. These symptoms continued even after the surgery, which was done in June 2005.

Prescription

- ▶ *Plumbum iodatum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

He reported in during this time, but no changes were made. When the 16 weeks were completed the tremors and twitchings were reduced by 50 %.

Prescription

- ▶ *Plumbum iodatum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

MRI of the brain came out clear.

Prescription

- ▶ *Plumbum iodatum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

At this point the wrist weakness and twitchings were 95 % improved so he continued this same prescription for 16 additional weeks and was sent for another MRI, which came out clear.

Prescription

- ▶ *Plumbum iodatum* 1M Split Dose once in alternate weeks for 6 months
- ▶ *Carcinosin* 1M Split Dose once in alternate weeks to the *Plumbum iodatum* for 6 months

Prescription

- ▶ *Plumbum iodatum* 1M Split Dose once per odd numbered month for 6 months
- ▶ *Carcinosin* 1M Split Dose once per even numbered month for 6 months

Another MRI at this time was still clear so all remedies were stopped. He reports for follow-up annually, just to stay in touch. He continues to be well now in 2014.

Glioma

CASE 8 Male 25 years, diagnosed April 1994, glioma Stage 2, turned to homeopathy **June 1994.**

Reported with seizures in the wake of surgery for brain cancer. History: After six months of headaches, CT scan revealed mass in left parietal zone.

Surgery was performed, histopathology report confirmed glioma. Radiation followed, patient began having seizures so radiation was stopped.

Prescription

- ▶ *Hypericum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The seizures stopped during week two which explains the chosen remedies continuing for the 16 weeks. The patient was feeling well, but a CT scan showed a recurrence of growth in the same area. Surgeon said it was too small to operate and would wait until it was larger before removing it.

Prescription

- ▶ *Plumbum iodatum* 200C Plussing Doses, odd numbered weeks
- ▶ *Carcinosin* 200C Plussing Doses, even numbered weeks

This was continued weeks 17-24 when a scan showed the tumour to be the same size.

Same remedies were continued weeks 25-32 when the scan showed the tumour gone.

Currently the patient receives periodic Split Doses of either remedy and has remained healthy.

Hypericum was chosen at the start as it is an excellent remedy for head injuries, head surgery and post surgical complications including seizures.

Astrocytoma

CASE 9 Female 5 1/2 years, was brought to the clinic in **May 1996**, astrocytoma of optic nerve, MRI showed 5 cm tumour at optic chiasma, diagnosed by biopsy. Initial symptoms were nystagmus, first left eye, then right eye. Child was put on chemotherapy, total mass could not be removed so no surgery was attempted. Homeopathy began at the same time as the chemotherapy. This child did not tolerate the chemotherapy well so the dosages were reduced in frequency and stopped by November 1996.

She was a typical *Phosphorus* child, lean, smart looking, brilliant, affectionate, sensitive with fears of all kinds, especially darkness.

Prescription

- ▶ *Plumbum iodatum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

MRI repeated February 1997, tumour shrunk to 50%. The oncologists were surprised the tumour could shrink so much in spite of the incomplete chemotherapy.

Prescription

- ▶ *Phosphorus* 200C Plussing odd numbered weeks for 8 weeks
 - ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks
- For the next 12 months:
- ▶ *Plumbum iodatum* 1M Plussing
 - ▶ *Carcinosin* 1M Plussing

These were moved up to 10M during the year.

The child is now totally asymptomatic, no nystagmus, no complaints whatsoever. MRIs are done once in six months and show the tumour the same size. Treatment continued with Split Doses for three years, thereafter all the medicines were stopped.

**CASE
10**

Female child, 7 years, had surgery for astrocytoma June 2003 followed by radiation. Tumour recurred in **January 2005** and parents refused additional radiation so brought her for ho-

meopathy. She was small, obese and affectionate, chilly but perspired easily.

Prescription

- ▶ *Calcarea arsenicosa* 200C Plussing odd numbered weeks for two years.
- ▶ *Carcinosin* 200C Plussing even numbered weeks for two years.

The potencies were raised incrementally up to 10M over this time period.

Split Doses were given for an additional two years, alternating each remedy monthly in the 1M potency.

Brilliant response, in one year the lesion resolved, no recurrence in the last nine years. She is completely healthy and growing normally now.

Breast

Conium, *Lapis albus* (with lung metastasis), *Phosphorus*, *Phytolacca*, *Pulsatilla*, *Sepia*, *Scrophularia nodosa*.

Infiltrating Ductal Carcinoma

CASE 11 A woman, 31 years, reported in **June 2007** with a diagnosis of infiltrating ductal carcinoma, Grade 3. A lumpectomy was performed on the left breast. Surgeon reported the lump was large and hard as a glass marble. Haemoglobin was 8.3 gm/dl and she had intermittent headaches. The lumpectomy was to be followed with chemotherapy which she refused, opting for homeopathy as the only follow-up.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The headaches ceased, haemoglobin was 10.2 gm/dl. Routine check with the surgeon found all was well but he was still insisting on the chemotherapy. The patient continued to refuse.

Prescription

- ▶ Continue the same alternation for another 16 weeks.

She continued to be well.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Now one year since diagnosis, she had a complete check-up including CT scan of the neck, chest and abdomen. All results clear.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 6 months (24 weeks)
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 6 months

In January 2009 she was switched to Split Doses.

Prescription

- ▶ *Conium* 10M Split Dose day one of every month for one year
- ▶ *Carcinosin* 1M Split Dose day 15 of every month for one year

She again went through the entire set of testing, including another CT scan. Results were all clear so the remedies were stopped.

She continues in good health and is cancer-free now in 2014.

CASE 12

Female 47 years, noticed lump in right breast, February 1994, diagnosed as infiltrating ductal carcinoma Stage 2B by fine needle biopsy. Lumpectomy and dissection of 16 axillary

glands (7 positive), removal of both ovaries and uterus as she had huge fibroids. This was followed by chemotherapy and radiation. These treatments were completed by October 1994 at which point she was investigated monthly. January 1995 CT scan picked up a liver deposit. A CT scan guided biopsy was done, pathology report showing as a secondary. More chemotherapy was suggested but she was tired of the side effects and refused. She reported for homeopathy **March 1995**.

She was married for 23 years and had two children and seemed to be a constitutional *Calcarea* salt.

Prescription

- ▶ *Chelidonium* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

At the end of eight weeks the lesion looked about the same, certainly not worse, possibly slightly smaller.

Weeks 9-16 continued the same prescription. Mass was considerably reduced.

Weeks 17-24 continued the same after which the lesion was reduced by 90%.

Next 16 weeks:

- ▶ *Calcareo carbonica* 200C Plussing odd numbered weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks

Next 4 months:

- ▶ *Calcareo carbonica* 1M alternated with *Carcinosin* 1M

For one year from March 1995, CT scans were repeated every three months. For the second two years they were repeated once in six months. Currently she is in excellent health and since 2000 gets a dose of either *Calcareo carbonica* 10M or *Carcinosin* 10M once in six months.

When a metastasis has to be halted quickly, it is often more efficient to use an organ-specific rather than constitutional remedy.

Adenocarcinoma

CASE 13 Female 56 years, diagnosed adenocarcinoma breast, lumpectomy performed when lesion found during routine mammogram. Stress, anger, suppressed emotion with strong craving for sweets, anticipatory anxiety, fear of heights and claustrophobia strongly indicated her constitution. She came for treatment sometime in 1998.

Prescription

- ▶ *Argentum nitricum* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Complained of stress, anger and suppressed emotion.

While there was some progress with the *Argentum nitricum* what seemed most pronounced were the symptoms in the mental sphere.

Prescription

- ▶ *Staphysagria* 200C Plussing odd numbered weeks for 6 months
- ▶ *Carcinosin* 200C Plussing even number weeks for 6 months

Once the mental sphere was addressed we returned to the original prescription.

August 2004 - January 2007 continued Plussing but returned to *Argentum nitricum* 1M alternating with *Carcinosin* 200C which was raised during this time to 1M.

January 2007- December 2008 kept on Split Doses alternating the same remedies monthly.

She is still in good health as at summer 2012.

CASE 14 Female, 32 years, Stage 1 breast cancer was diagnosed after a routine mammogram. She had a lumpectomy in **August 2005**. The lesion was stony hard. She refused chemotherapy and radiation choosing to follow the surgery with homeopathy alone. She was chilly, fastidious, assertive (dominant) with fondness for meat.

Prescription

- ▶ *Sepia* 200C Plussing Doses odd numbered weeks
- ▶ *Scirrhinum* 200C Plussing Doses even numbered weeks

This alternation was followed for one year with the potencies increased to 1M for each by that time.

There was no sign of the cancer then nor any relapse since that time. She took Split Doses alternating monthly for an additional several years completing treatment in 2010. She remains healthy in 2014.

She was a typical *Sepia* constitution otherwise *Conium* would have been prescribed.

CASE 15 A female, 48 years, presented in **August 2002** with poorly differentiated invasive ductal adenocarcinoma Stage 2B. Two of 13 nodes were positive, including the sentinel. A lumpectomy was performed but she refused the offered radiation and chemotherapy. Blood work showed red and white cells slightly low. CA 15-3 and liver enzymes all normal. Strong family history of breast and ovarian cancer.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

CT scan of chest and abdomen are clear for malignancy. Some complaints of palpitations and herpes eruptions.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

After eight weeks *Natrum muriaticum* 6X twice daily was added for mouth sores.

After 12 weeks *Carcinosin* was raised to 1M.

Some digestive complaints reported along with the herpes and stress from Plussing—she thinks she might contaminate the mixture. Tingling in legs from sitting too long.

Prescription

- ▶ *Pulsatilla* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 12 weeks
- ▶ *Natrum muriaticum* 6X AM & PM daily

Complaints of increased perspiration, not the same in both arms, thinks she has lymphoma.

Feels very well otherwise.

Prescription

- ▶ *Pulsatilla* 1M Plussing odd numbered weeks for 24 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 24 weeks
- ▶ *Natrum muriaticum* 6X AM & PM daily

After 12 weeks the *Carcinosin* was raised to 10M.

Prescription

Doing her own homework she came up with a prescription for herself which sounded interesting so she was allowed to try it in 200C Plussing for one month, continuing the Plussing of *Carcinosin* 10M and *Natrum muriaticum* 6X twice daily.

She reported a severe tooth infection, requiring root canal therapy, so was given a few weeks off from Plussing to deal with the infection.

Prescription

- ▶ *Pulsatilla* 1M Split Dose on days 1 and 15 only for one month
- ▶ *Carcinosin* 10M Split Dose on days 1 and 15 for the second month

Infected tooth and herpes all quieted down.

Prescription

- ▶ *Argentum nitricum* 200C Split Dose days 1, 15, 30 & 45
- ▶ *Natrum muriaticum* 6X twice daily

Prescription

- ▶ *Argentum nitricum* 1M Split Dose days 1, 15, 30 & 45
- ▶ *Natrum muriaticum* 6X twice daily

Energy is back to at least 95 % of normal, all other complaints mild.

Prescription

- ▶ *Argentum nitricum* 1M Split Dose only one day per month
- ▶ Continue *Natrum muriaticum* 6X twice daily

Since all testing of the breast continued to be normal and the only complaints were acutes, it was time to phase out her treatment. Continued with the *Natrum muriaticum* for another eight weeks only.

Argentum nitricum is her constitutional remedy. Currently in 2014, more than ten years after initiating homeopathic treatment she continues to be well.

CASE 16 A female, 50 years, reported in **October 1998** with a recurrence of breast cancer. Original diagnosis of Stage 1, oestrogen receptor positive in autumn 1994 was treated with

lumpectomy, radiation and three years of tamoxifen. It was small and slow growing. She was told there was a 90 % chance it would not recur. Presently there are metastases to the spine and rib with chronic pain for which she takes no narcotics. Following the initial treatment she became vegan, did acupuncture, Chinese herbs, reordered her life, repaired intimate relationships and became a cancer support counsellor. Pain from recurrence was severe enough to require seven additional weeks of radiation followed by chemotherapy which continues every three weeks.

Family history mostly unknown, she calls herself culturally pessimistic and a worrier.

Prescription

- ▶ *Natrum muriaticum* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks
- ▶ *Symphytum* 30C every half hour for pain as needed

Feeling better in general, doing better post-chemotherapy than in the past, blood levels holding better as well.

Prescription

- ▶ *Symphytum* 200C Plussing odd numbered weeks for 6 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 6 weeks

She reports feeling quite good with barely noticeable pain on some days. Anxiety about upcoming bone scan for which she meditates. Still takes some Tylenol® for pain but is now walking 3 1/2 miles several times weekly.

Prescription

- ▶ *Symphytum* 1M Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 4 weeks

Bone scan showed stability, no new spots but no resolution either. White blood count extremely low 1685. Taking fewer pain medicines.

Prescription

- ▶ *Symphytum* 1M Plussing odd numbered weeks for 4 weeks
- ▶ *Medorrhinum* 200C Plussing even numbered weeks for 4 weeks

After two weeks (when routine lab work performed) WBC 2084. She is concerned with CA 15-3 test results but we don't put much stock in that particular test.

Prescription

- ▶ *Symphytum* 1M Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 4 weeks

Real breakthrough with the pain. Though pain is still present, it is at a low enough level to tolerate without painkillers. "This is exciting."

Prescription

- ▶ *Carcinosin* 1M Plussing weeks 1 & 3 only, weeks 2 & 4 no remedy

Doing fine, tolerating chemotherapy better, pain level down again for past three weeks.

Prescription

- ▶ *Hekla lava* 1M Plussing weeks 1 & 3, weeks 2 & 4 no remedy

She feels good, best since the recurrence. Pain is down to two out of ten, energy and mood improved as well. Blood work (other than CA 15-3) is good, all results normal but absolute neutrophil count 2345.

Prescription

- ▶ *Arsenicum album* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 12 weeks starting week 5 of this cycle.
- ▶ *Calcarea fluorica* 6X AM & PM daily

Feeling well, working out with weights three times weekly alternated with 2-4 mile walks and yoga. Pain still at "two". Again has fear for upcoming bone scan. All blood work fine. We asked her to see if the oncologist will let her phase out the chemotherapy, perhaps giving it only once in six weeks rather than every three.

Bone scan continues to show a stable result but this time no activity at T10.

Prescription

- ▶ *Arsenicum album* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks
- ▶ *Calcarea fluorica* 6X AM & PM daily

Going to have chemotherapy again after a two month break. “I have the flu - seems whenever I have a break from chemotherapy I catch whatever is going around.”

Prescription

- ▶ *Thuja* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Medorrhinum* 200C Plussing even numbered weeks for 12 weeks beginning week six

Energy returned since the flu, back at the gym. Worried about the cost of all the alternative treatments, how can I tell if they are working?

March 2001, bone scan still stable, blood work and tumour markers all normal as well. Asked for a six week break from Plussing for the “trip of a lifetime” she wants to take. We asked that the break not be longer than the trip but from this point on she reported so irregularly that the treatment fizzled out. We had referrals from her in 2004 with the last contact in August 2012.

Once again an old case reflecting prescribing that has been updated.

Cervix

Aurum muriaticum natronatum, Lilium tigrinum, Pulsatilla, Sepia.

Cervical cancer

CASE 17 A woman, 53 years, reported in **August 2008** with cervical cancer. History included bleeding fibroids in 1995, treated with hormones; breast cancer in 2000, lumpectomy followed by chemotherapy and radiation; in 2006, malignant cervical cancer treated with chemotherapy and radiation which responded well. Cervical cancer recurred in 2008. She refused additional radiation, turning instead to homeopathy.

Prescription

- ▶ *Phytolacca* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Calcarea fluorica* 6X Dry Doses AM & PM daily

During the 16 weeks she had bladder pain and took a course of antibiotics. After four months the oncologist was surprised to see 90 % healing of the cervical lesion. CT scan showed no spreading of the cancer.

Prescription

- ▶ *Phytolacca* 1M Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 20 weeks
- ▶ *Calcarea fluorica* 6X Dry Doses 4 times daily

Physical exam now showed the lesion completely cleared.

Prescription

- ▶ *Phytolacca* 1M Split Dose once in two weeks for 1 year
- ▶ *Carcinosin* 1M Split Dose once in alternate two weeks for 1 year

Six years later she continues to do well, no cancer recurrence of any sort.

CASE 18 A young woman, 23 years, presented for treatment of cervical cancer in **February 2003**. Initial symptom was profuse leucorrhoea. Physical exam found a 2 cm x 1 cm ulcer with everted margin, friable and bleeding. Biopsy confirmed malignancy. Past history includes seven years genital herpes which were treated multiple times with anti-viral drugs. Genital warts which had been cauterised three times. Her lifestyle was promiscuous - sexual activity with many men. She was terrified of any conventional medicine or treatment.

Prescription

- ▶ *Thuja* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

After eight weeks the discharge was reduced by 50 % but physical exam showed no change in the ulcer. When the second eight weeks were completed the leucorrhoea had ceased as had the intermittent bleeding.

Prescription

- ▶ *Thuja* 1M Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 20 weeks

Gynaecological exam nine months since diagnosis was clean, no lesion seen. Confirmatory scans were done and distant lesions were ruled out as well.

Prescription

- ▶ *Thuja* 1M Split Dose alternate weeks for 1 year
- ▶ *Carcinosin* 1M Split Dose alternate weeks to the *Thuja* for 1 year

She has now remained well for ten years.

CASE 19 **November 2004**, a woman, 69 years, reported for homeopathic treatment of cervical cancer Stage 3. One day she suddenly had profuse bleeding which sent her to the doctor. In

hindsight she realised there had been slight oozing of vaginal blood for the past year. Exam and investigation confirmed the diagnosis.

There was metastasis to the inguinal glands and mesenteric nodes which caused mild ascites and swelling of the left leg.

History of hypertension for 30 years; two minor cardiac episodes in the last three years.

She was a retired teacher, dominant; overpowering, commanding respect from colleagues and relatives; perfectionistic with spells of depression and chilly.

Prescription

- ▶ *Sepia* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The left leg oedema was gone, ascites looked better and the cervical ulcer looked healthy. The same prescription was continued for an additional 16 weeks.

Abdominal CT scan showed substantial reduction in the glands - the left inguinal gland was no longer palpable. Then she was hospitalised for acute cardiac distress and all homeopathic medicines were stopped. Homeopathy resumed October 2005.

Prescription

- ▶ *Sepia* 1M Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 20 weeks

After 12 weeks of this prescription she was the picture of health but follow-up testing was not done until the 20 week mark. Scans showed the ulcer completely healed and no sign of metastases.

She continues to be healthy though slowing down now as her age is advanced.

Sepia was chosen as it matched her constitution.

Children's Cancers

Neuroblastoma: Phytolacca, Scrophularia nodosa.

For diffuse intrinsic pontine glioma (DIPG): Calcarea arsenicosa, Zincum sulphuricum.

Please note, in the US and possibly other countries, the treatment of children with serious pathology is often not legally permitted to be at the sole discretion of the parents. Any treatment in addition to the conventional must be done in collaboration with the Western protocols.

Neuroendocrine Cancer

Neuroblastoma is the most common cancer of infancy and childhood, seen most often in children younger than two years. The tumour can arise from any neural crest element of the sympathetic nervous system. It is frequently from one of the adrenal glands but can also develop in nerve tissues in the neck, chest, abdomen or pelvis. This particular cancer is one of the most challenging to treat and presently we still have more failure than success. Following are several cases of resounding success.

CASE 20

A five year old girl presented for homeopathic treatment of neuroblastoma in **May 2006**. She was diagnosed in 2003 with a tumour surrounding the left adrenal gland. The cancer had spread to the surrounding tissue involving nerves and blood vessels, making the surgery quite difficult. The 11 hour surgery was followed by chemotherapy and radiation but the cancer recurred within three months. The recurrence was noted when the child developed severe abdominal pain and a 1 cm x 1 cm mass was found pressing on the left ureter.

As urine flow was not obstructed she was given pain control medications only.

Prescription

- ▶ *Phytolacca* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

During the first eight weeks the child was fairly comfortable with manageable incidents of pain only. Four months after starting the homeopathy the tumour remained the same size pleasing her parents as well as the oncologist.

Prescription

- ▶ *Phytolacca* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

During the second 16 weeks she complained of severe chest pain which was suspected to be a lesion in the mediastinum but this was so tiny and was determined to be inconclusive. At the end of 32 weeks a CT scan showed a marginal decrease in the original spot.

Prescription

- ▶ *Phytolacca* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Now, one year since beginning the Plussing she has done remarkably well compared to the other years since diagnosis. We continued the same remedy alternation for another six months.

She is now completely symptom-free, the lesion has reduced to 1/2 cm x 3/4 cm.

Prescription

- ▶ *Phytolacca* 1M Split Dose alternating weeks with *Carcinosin* 1M Split Dose.

From June 2007 to 2010 she is totally symptom-free. CT scans show lesion much smaller and stable. Scans were stopped after the last one in November 2008. She continues to be symptom-free in 2014.

Phytolacca was chosen as it is a near specific for kidney and suprarrenals.

CASE 21 A young girl, 3 1/2 years was brought for homeopathic treatment in **February 2007**, having been diagnosed with neuroblastoma at 14 months of age. Her tumour was in the left side of the abdomen, well above the kidney, touching but not involving the pancreas. She was flown from Italy to the US (New York) to have the surgery performed by a specialist, in November 2004, who was confident complete removal was possible. This was followed by nine months of chemotherapy and radiation.

In August 2006, the cancer recurred, this time in the mediastinum. Surgery was trickier this time but performed immediately. In January 2007 she once again developed chest pain and numbness of the left hand. CT scan confirmed another recurrence. This lesion was quite small and involved nerves going to the left hand so surgery was not suggested. At this point the parents brought the girl from Italy to my clinic in India.

Prescription

- ▶ *Scrophularia nodosa* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

After eight weeks pain and numbness persisted so *Naja* 30C was added, a dry dose every morning. Plussing alternation remained unchanged. There was significant relief of pain and numbness from the *Naja*.

Prescription

- ▶ *Scrophularia nodosa* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks
- ▶ *Naja* 30C Dry Doses morning and evening

CT scan after six months of Plussing showed no change which was considered good news by all the doctors and elicited an “unbelievable” from the oncologist.

Prescription

- ▶ *Scrophularia nodosa* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Naja was discontinued - the child was comfortable.

The potency of the *Scrophularia nodosa* was raised to 10M at this point, *Carcinosin* continued at 1M for another 16 weeks.

CT scan in May 2008 showed the lesion possibly less significant. Plussing was ceased and she was given Split Doses of the same two remedies alternating weekly.

Presently in 2014 she remains stable and is feeling healthy.

CASE 22 A boy, almost 6 years old, reported in **March 2007**, diagnosed in 2004, (at age 2 1/2) with neuroblastoma. Right adrenal gland was so large and invasive that the entire right kidney, ureter and adrenal gland was excised followed by chemotherapy and radiation.

He seemed well until a relapse in January 2007 involving the left adrenal and kidney with lesions in the liver and pancreas. A second surgery was performed removing whatever was possible to remove but leaving much tumour mass. This was the point at which the parents turned to our treatment.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

After the first eight weeks he had only slightly improved, still had symptoms from the disease, still recovering from surgery and had contracted many infections, one after another. For the second eight weeks, in addition to the above, we added:

- ▶ *Silicea* 6X Dry Doses 4 times each day

Nausea, weakness and intolerance to food improved significantly.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily
- ▶ *Silicea* 6X Dry Doses 4 times each day

CT scan showed all lesions stable. This was considered good news. There were no fevers or infections.

In October 2007 the mass surrounding the left ureter produced a total obstruction which needed opening. An excision and grafting of the left ureter was performed.

Shortly after this procedure the *Carcinosin* was raised to 1M, all else of the last prescription remained the same.

In January 2008 the lesions in the liver and pancreas were completely resolved and the organs appeared healthy.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 7 months
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 7 months
- ▶ *Chelidonium* 0 15 drops AM & PM daily
- ▶ *Phytolacca* 6X Dry Doses twice daily

For the next four months the potency of *Conium* was raised to 10M, alternating with the *Carcinosin* 1M.

At this point he was switched to Split Doses of each remedy alternate weeks:

- ▶ *Conium* 10M
- ▶ *Carcinosin* 1M

This boy continues to do well now, in 2014, seeing the oncologist every six months.

Diffuse intrinsic pontine glioma (DIPG)

Diffuse intrinsic pontine gliomas are rarely biopsied but when they are, a Grade 3 or 4 is often found. They normally progress like glioblastoma multiforme tumours, the most aggressive kind of astrocytic tumour. The DIPG tumours will invade normal brain tissue with symptoms developing rapidly, in three weeks to three months before diagnosis. Common symptoms are lack of control of eye movements, facial expressions, speech, chewing/swallowing, (due to problems in the cranial

nerves), weakness of arms and legs as well as problems with walking and coordination.

CASE 23 A 6 year old girl was brought for treatment in **June 2009** with diagnosis of DIPG. In November 2007 her gait was compromised, a tumour was found and partially excised. A second surgery in June 2008 removed 90 % of the tumour with a small nodule left behind. Pathology report identified pilocytic astrocytoma. Both surgeries were followed by chemotherapy and radiation. In May 2009 an MRI showed growth in the nodule. At this time the doctors didn't want to do any additional radiation and planned to observe and consider future surgery.

She is averse to sweets, loves sour and salt, is quite fearful and chilly. She is sweet, charming, and artistic with delicate features. She gives and expects affection.

Prescription

- ▶ *Phosphorus* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The MRI after 16 weeks of Plussing showed the nodule had shrunk compared to the earlier one.

Prescription

- ▶ *Phosphorus* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Next MRI showed continued shrinkage.

Prescription

- ▶ *Phosphorus* 1M Plussing odd numbered weeks for 24 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 24 weeks

At this time the prescription was changed to Split Doses, each remedy alternate weeks for six months. Now in 2014 she is absolutely fit in every respect, attending school, participating in all her activities, completely symptom-free. No further MRIs have been done.

CASE 24 A young male, 5 1/2 years, reported in **November 2008** diagnosed with DIPG. Initially he had blurred vision in his left eye intermittently for the past month along with numbness (pins and needles) on the left with a headache worse when standing, better from sitting or walking. Surgery was performed in August 2008, followed by chemotherapy and radiation. Pathology report diagnosed DIPG. Within two months the symptoms recurred - MRI showed new growth. More radiation was recommended but at this point the parents brought him for homeopathy.

Prescription

- ▶ *Calcarea arsenicosa* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Within two weeks of starting the Plussing his vision was less blurry and the headaches were almost nil.

MRI showed 10% shrinkage of the most recent lesion.

Prescription

- ▶ *Calcarea arsenicosa* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks then
- ▶ *Calcarea arsenicosa* 10M Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 20 weeks

An MRI in October 2009 showed the lesion more than 75 % reduced.

The same Plussing dosage continued for six more months, followed by Split Doses of the same remedies for another year.

His parents still bring him for follow-up consultations and in late 2012 he is still free of all symptoms and normal in every way.

Colon/Rectal

Aloe socotrina, Arsenicum album, Lycopodium, Thuja.

Adenocarcinoma

CASE 25 A female, 53 years, came for treatment of recurrent adenocarcinoma of the colon in **August 2004**. The winter before she noticed sudden loss of weight with severe abdominal colic and erratic stools, often mixed with blood. Testing showed a 5 cm x 7 1/2 cm mass in the ascending colon with some mesenteric gland involvement. Hemicolectomy was done immediately, followed by chemotherapy. Three months after the chemotherapy a follow-up CT scan showed involvement of new mesenteric nodes.

She refused the additional chemotherapy that was offered, turning to homeopathy.

She was very thin—emaciated, with anaemia, loss of appetite, extreme tiredness, nausea and flatulence. She was irritable, bossy and intolerant, with fondness for sweets. Historically all symptoms were always on the right side. At age 30 there was surgery for right maxillary sinus polyp; at 25 right lung pleurisy; presently waiting for right eye cataract surgery.

Prescription

- ▶ *Lycopodium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

After eight weeks she felt better, all symptoms were better and she regained a little weight. After 16 weeks a CT scan showed the nodes comparatively better, absolutely no deterioration.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

She now looked much better and regained a total of nearly nine pounds. She was eating better and was free from pain, nausea and flatulence.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

CT scan now showed all nodes reduced by 90 %, no new nodes identified, her condition was considered to be stable. Colonoscopy at this time was clear.

Prescription

- ▶ *Lycopodium* 10M Plussing odd numbered weeks for 6 months
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 6 months

All tests continued to show good results.

Prescription

- ▶ *Lycopodium* 10M Split Dose alternate weeks for 1 year
- ▶ *Carcinosin* 1M Split Dose in between weeks for 1 year

She reports annually and is still well ten years later.

Squamous Cell Carcinoma

CASE
26

In **December 2004**, a 41 year old man presented with squamous cell carcinoma of the rectum. Initial symptom was bleeding which was assumed to be a haemorrhoid or fissure.

He saw a doctor within ten days of the first symptom. Digital rectal exam felt only an ulcer so sigmoidoscopy with biopsy was done. Pathology report showed Stage 1 so he declined surgery, opting only for the homeopathic treatment.

His history included colitis five years back during which time a colon polyp was also removed.

Prescription

- ▶ *Ruta graveolens* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Within four weeks the bleeding was completely stopped. Sigmoidoscopy was repeated after the 16 weeks showing the ulcer 75 % reduced.

Prescription

- ▶ *Ruta graveolens* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The ulcer was now completely healed. A CT scan showed the entire abdomen clear as well.

Prescription

- ▶ *Ruta graveolens* 1M Split Dose one day per odd numbered month for 1 year
- ▶ *Carcinosin* 1M Split Dose one day per even numbered month for 1 year

He remains in perfect health now in 2014.

Caecum Cancer

27 CASE Male 55 years, diagnosed with caecum cancer in June 1995 when a colonoscopy showed a 6 cm lump. He reported for homeopathic treatment in **July 1995**. He had moderate pain, blood in stool with diarrhoea alternating with constipation, along with 42 pound weight loss in two months.

Hemicolectomy done, 23 mesenteric glands removed, 15 malignant, advised to have chemotherapy which was refused. Reported for homeopathy.

Prescription

- ▶ *Aloe socotrina* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

Bowel movements and pain improved.

- ▶ *Aloe socotrina* 1M same dosing as above for next 8 weeks alternated with *Carcinosin* 200C

He gained seven pounds, so same prescription was run for another eight weeks.

CT scan was clear and he returned to work.

Prescription

- ▶ *Aloe socotrina* 1M Plussing odd numbered weeks for 8 more weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

Prescription: March 1996 on

- ▶ *Aloe socotrina* 1M Split Dose once every 15 days for 8 weeks followed by *Carcinosin* 1M Split Dose once every 15 days for 8 weeks.

Patient is well, totally asymptomatic. CT scans done once in six months were normal.

It is now 19 years since treatment was completed.

Metastatic Colon Cancer

CASE 28 Male, 69 years, retired, reported **November 2004** for homeopathic treatment following four surgeries and chemotherapy for colon cancer spread to the bladder. First surgery was December 2000 to correct significant diarrhoea that would not stop since autumn. He felt awful with weakness from the diarrhoea and was also urinating “brown stuff.” By June it was clear the chemotherapy hadn’t worked so in January 2002 he had a colon resection after colonoscopy showed more cancer. He was symptom-free until January 2004 when he developed a hernia. More cancer was found during the hernia sur-

gery, a problem with the inserted mesh caused infection, a fistula formed, opening to the outside, releasing faeces. He had a 14 hour surgery in October 2004 from which he had a smooth recovery. His weight was down 28 pounds.

His other complaints were elevated PSA (9), enlarged prostate causing him to wake three times nightly and never feeling empty. He refused a biopsy for the prostate. He is also borderline diabetic with erectile dysfunction issues. He is somewhat fatalistic and fearful.

Family history of various cancers and diabetes.

Prescription

- ▶ *Aloe socotrina* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks
- ▶ *Sabal serrulata* 0 6 drops AM & PM daily

Both his surgeons gave a good report, biopsies during surgery show no cancer, CT scans are negative. He is waking fewer times nightly, gaining weight and the bowel motions are looking more normal.

Prescription

- ▶ *Aloe socotrina* 1M Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks (this was changed to 1M after 4 weeks)
- ▶ Continue *Sabal serrulata* 0 6 drops AM & PM daily

In late autumn 2005 he travelled to Europe, feeling well and complaining only of the prostate issues.

Prescription

- ▶ *Thuja* 200C Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 4 weeks
- ▶ Continue the *Sabal serrulata* 0 6 drops AM & PM daily

December 2005 all doctors gave him a clean bill of health, blood work and scans negative, bowels functioning normally.

Prescription

- ▶ *Thuja* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ Continue *Sabal serrulata* 0 6 drops AM & PM daily
- ▶ *Calcarea fluorica* 6X AM & PM daily

Frequency of nightly urination reduced after the *Calcarea fluorica* was added.

Prescription (A break from Plussing for 4 weeks only)

- ▶ *Sabal serrulata* 0 6 drops twice daily
- ▶ *Calcarea fluorica* 6X twice daily

October 2006 blood work and scans show no signs of cancer anywhere. Still complaining of prostate issues and mentioned he had surgery on his knee.

Prescription

- ▶ *Thuja* 10M Split Dose on day 1 & 15 monthly for 6 months
- ▶ *Sabal serrulata* 0 6 drops AM & PM daily
- ▶ *Calcarea fluorica* 6X AM & PM daily

He is now travelling to play golf, feeling fine and happy. He discontinued treatment on his own but at last contact in 2010 he was still cancer-free.

This patient was never reliable at reporting on schedule so the timing of the prescriptions might not add up.

Gallbladder

Carduus marianus, Chelidonium, Cholesterinum.

Gallbladder Cancer

29 CASE A 69 year old man reported in **April 2009** diagnosed with gallbladder cancer. In December 2008 a laparoscopic cholecystectomy was done with pathology report positive for cancer. A prostatectomy performed at the same time was benign. CT scan did not show any metastasis but chemotherapy was encouraged. Family history of several members having cancer. His response to the chemotherapy was poor, he lost nearly ten pounds; became toxic and nauseous. His white blood count crashed and he had recurrent fevers so the chemotherapy was abandoned.

Prescription

- ▶ *Cholesterinum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

CT scan came back clear.

- ▶ *Cholesterinum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

He regained all the weight he lost during the chemotherapy plus a few more pounds. He looks healthy and well nourished now. Appetite and digestion are excellent; he is walking five miles daily and returned to his work.

- ▶ *Cholesterinum* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

All parameters were normal so he was put on Split Doses for six months, each remedy alternate weeks with the *Chelidonium 0* to continue.

He continued in good health and was last seen in 2012.

Cholesterinum is an extract from a healthy gallbladder.

Larynx and Vocal Cords

Argentum nitricum, Causticum, Kali bichromicum, Lachesis, Phosphorus, Thuja.

Vocal Cord Cancer

CASE
30

A male, 45 years, presented in **May 2003**, with a sudden change of voice and hoarseness which seemed to develop overnight. He was a heavy smoker and came to my office

before seeing any other doctors. He was sent first to a specialist for an endoscopy. An ulcer on the right vocal cord was seen, the cord was not moving as freely as the left one so biopsy was performed. Histopathology report confirmed vocal cord cancer Stage 1, no obvious spread and no nodules. He was told to stop smoking that very minute and he did.

Prescription

- ▶ *Causticum* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Within a week he could notice a change in his voice. The hoarseness had always been painless and was the only symptom. In one month he was 50 % better. Endoscopy was repeated after three months and the surgeon confirmed the ulcer was 95 % gone and the vocal cord was looking healthy and mobile.

Prescription

- ▶ *Causticum* 1M Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Repeat endoscopy showed all clear.

Prescription

- ▶ *Causticum* 1M Plussing odd numbered weeks for 6 months
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 6 months

Prescription

- ▶ *Causticum* 1M Split Doses day 1 and day 15 of odd numbered months
- ▶ *Carcinosin* 1M Split Doses day 1 and day 15 of even numbered months

All remedies were stopped after 18 months. He is presently, fit, normal, healthy and cancer-free in 2014.

Larynx Cancer

CASE 31 An 80 year old woman came for treatment of Stage 4 larynx cancer in **March 2009**. The cancer was in the supraglottic¹ and glottic area of the larynx with lymph node involvement.

Surgery was performed followed by radiation.

Presently there is severe pain in the larynx with difficulty swallowing liquids. She can only take them a spoonful at a time or else regurgitates. She is sensitive; affectionate; emotional, easily teary and elegant, looking more like 60 than 80. Never liked sweets but is fond of salty and tangy foods.

Prescription

- ▶ *Phosphorus* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The larynx pain disappeared within two weeks and the swallowing improved daily. Swallowing is now 50 % better, she was feeling better and looking healthier as well.

Prescription

- ▶ *Phosphorus* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Oncologists were pleased to see her scans were now clear. The same prescription continued another 16 weeks.

Prescription

- ▶ *Phosphorus* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

After this last round of Plussing she was moved to Split Doses for one year, each remedy once in two weeks in alternation.

Presently in 2013 she remains in good health.

Phosphorus is her constitutional remedy and also indicated for her specific cancer.

Vocal Cord Cancer

CASE A 60 year old woman presented in **March 2010** with vocal

32

cord cancer, Stage 3. Increasing hoarseness sent her to the doctor for this recurrence. At initial diagnosis in 2008, the hoarseness was due to a vocal cord nodule with both cords sluggish. The lesion on the right cord was 2 cm x 1 cm, hard, indurated, friable with everted margin. Biopsy confirmed squamous cell carcinoma. Three additional nodes were involved. Recommended treatment was chemotherapy to be followed by surgical removal of the larynx which she refused.

She was a professional singer who practised a minimum of two hours daily and a smoker for 20 years. The diagnosis forced her to quit this habit. She was anxious, fond of sweets and diabetic.

Prescription

- ▶ *Argentum nitricum* 200C Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 20 weeks

During the first week of Plussing she felt tired, then a change in her voice and less hoarseness. Fasting Blood Sugar with movement of the vocal cords considerably improved, cough improved 50 %.

Prescription

- ▶ *Argentum nitricum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

She said her voice was better than 50 % normal. The three lymph nodes (submandibular and cervical) were smaller. She was sent to a specialist to have the vocal cords seen. The entire 2 cm x 1 cm ulcer was more than 75 % healed, everted margins and indurated base were gone. Now just a harmless looking superficial ulcer remained and one cord was moving freely while the other was still sluggish.

Prescription

- ▶ *Argentum nitricum* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Now after Plussing for one year she was switched to Split Doses for another year. Since the diagnosis she has stopped singing and continues to rest her larynx. She refuses a laryngoscopy to confirm her cure insisting she is normal. She continues with this apparent cure in 2014.

Leukaemia

Ceanothus americanus, *Hekla lava*, *Strontium carbonicum* (if there is a lot of infection), *Symphytum*.

Acute Myeloid Leukaemia

CASE
33

A man, 68 years, reported in **March 2009** after three cycles of chemotherapy for acute myeloid leukaemia. Though his attitude was mainly positive, he could not tolerate the effects

of the chemotherapy, became depressed and decided to switch to homeopathic treatment.

Prescription

- ▶ *Hekla lava* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Blood work was encouraging: monocytes came down from 35 to 28; blast cells from 65 to 52; platelets rose from 22,000 to 35,000.

Prescription

- ▶ *Hekla lava* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Blood picture remained unchanged.

Prescription

- ▶ *Hekla lava* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

At this point the blast cells came down from 52 to 9.

Prescription

- ▶ *Hekla lava* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Oncologists were very pleased with the blood work: blast cells 8; monocytes 10; platelets 72,000.

Prescription

- ▶ *Hekla lava* 10M Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 20 weeks

January 2011 ended Plussing and went to Split Doses.

Prescription

- ▶ *Hekla lava* 10M Split Dose once in two weeks in alternation
- ▶ *Carcinosin* 1M Split Dose once in two weeks in alternation

The man is doing well, still in remission and symptom-free in 2014.

Chronic Myeloid Leukaemia

CASE
34

In **September 2009**, a man aged 68 reported, complaining of weakness, fever, constipation, flatulence and irritability.

All symptoms were worse on the right side. Blood work

showed blast cells 45 %; myelogram showed blast cells in spine, 75 % with two patches in the lungs (fungal pleurisy). Diagnosis was chronic myeloid leukaemia.

Prescription

- ▶ *Lycopodium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Scrophularia nodosa* 30C Dry Doses AM & PM daily

The fevers subsided and he was able to discontinue all the antibiotics. He had taken six different ones for the three months before homeopathy.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Scrophularia nodosa* 30C Dry Doses AM & PM daily

Chest X-ray was significantly more clear, pleurisy resolved.

Blast cells 26 %.

Prescription continued 16 additional weeks. Blast cells now 23 %.

Prescription

- ▶ *Lycopodium* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Scrophularia nodosa* 30C Dry Doses AM & PM daily

Plussing was halted after one year. Blast cells remain between 15-25 %, lungs are totally clear, and he is completely asymptomatic. He continues taking the same Plussing remedies as Split Doses, each once in two weeks. His health report is still excellent now in 2014.

Scrophularia nodosa is specific for fungal infection in the lungs.

Acute Lymphocytic Leukaemia

CASE 35 A young girl, 11 1/2 years, arrived with a diagnosis of acute lymphocytic leukaemia, Stage 2 in **January 2003**.
Cytochemistry showed blast cells with fine black granules.

Haemoglobin was down to 2.5 gm/dl; platelets 6000. Blood transfusion given. Her appearance was pale and unhealthy.

Prescription

- ▶ *Hekla lava* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

There was some improvement.

Prescription

- ▶ *Hekla lava* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks

Now this girl looks perfectly normal, blood smear showed no blast cells, no atypical cells. Haemoglobin up to 10.3 gm/dl; platelets 90,000.

Prescription

- ▶ *Hekla lava* 1M Split Dose alternate odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 1M Split Dose alternate even numbered weeks for 20 weeks

Thereafter she was seen monthly and given only her constitutional or intercurrent remedy, *Pulsatilla* or *Tuberculinum*. She remains in perfect health, now a grown woman, in 2014.

This is another example of the sovereign role of *Hekla lava* in treating pathology of the bone and marrow. In children, once the cancer has responded to treatment it need not be continued for as long as in adults.

Chronic Myelogenous Leukaemia

CASE 36

A boy, 6 years old, presented with chronic myelogenous leukaemia, Stage 2, in **August 2001**. A large number of glands were affected which were unusually hard for this type of cancer. He was febrile and thirstless with an enlarged liver and spleen. His face was oedematous and he complained of some joint pain.

Prescription

- ▶ *Apis* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Scirrhinum* 200C Plussing even numbered weeks for 12 weeks

In four weeks the glands were less hard, no new glands appeared to be affected, periodic fevers were reduced, haemoglobin rose to 8 gm/dl from 6 1/2. After the 12 weeks the glands were reduced in size by 25 % and he was afebrile. Leukaemic blood picture was unchanged.

Prescription

- ▶ *Symphytum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Scirrhinum* 200C Plussing even numbered weeks for 16 weeks

Blood work became completely normal.

Prescription

- ▶ *Symphytum* 200C Split Dose odd numbered months for 5 months
- ▶ *Scirrhinum* 200C Split Dose even numbered months for 5 months

During the time of homeopathic treatment CT scans of the liver and spleen were performed every three months. In months 9 and 12 these organs appeared normal, no sign of enlargement.

For one additional year he was given the same monthly alternation of remedies but in the 1M potency.

He is a young adult now, healthy and cancer-free in 2014.

Apis is one of the first remedies to consider when oedema is present. *Scirrhinum* was chosen over *Carcinosin* due to the unusual hardness of the affected glands and *Symphytum* because of periodic bouts of inflammation of the joints and arthralgia.

Liver

Chelidonium, Hydrastis, Lycopodium, Natrum sulphuricum.

Chelidonium 0 can be used concomitantly with other remedies for pain relief.

Hepatocellular Carcinoma

CASE 37 A man, 66 years, reported in **June 2004** with hepatocellular carcinoma (primary) which was diagnosed two months earlier when he went to the emergency room with sudden pain in the right hypochondrium. The pain abated but investigation found a lump, 7 1/2 cm x 5 cm on the right lobe of his liver. There was no jaundice or lack of appetite but he did have progressive lethargy, tiredness and lack of drive. Liver function tests were only slightly elevated.

Prescription

- ▶ *Chelidonium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Scirrhinum* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Cholesterinum* 3X 2 Dry Doses AM & PM daily
- ▶ *Carduus marianus* 3X 2 Dry Doses AM & PM daily

The initial prescription was for eight weeks, since there were still no symptoms it was extended for the second eight weeks.

Prescription

- ▶ *Chelidonium* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Scirrhinum* 200C Plussing even numbered weeks for 8 weeks
- ▶ *Cholesterinum* 3X 2 Dry Doses AM & PM daily
- ▶ *Carduus marianus* 3X 2 Dry Doses AM & PM daily

At this point an ultrasound showed significant reduction in the lump with no fresh lesions.

Prescription

- ▶ *Chelidonium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Scirrhinum* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Cholesterinum* 3X 2 Dry Doses AM & PM daily
- ▶ *Carduus marianus* 3X 2 Dry Doses AM & PM daily

Next ultrasound showed a small reduction in the lesion and once again no new lesions.

Prescription

- ▶ *Chelidonium* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Scirrhinum* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Cholesterinum* 3X 2 Dry Doses AM & PM daily
- ▶ *Carduus marianus* 3X 2 Dry Doses AM & PM daily

One year from the start of the homeopathic Plussing a CT scan confirmed all clear, no sign of the lesion. To corroborate, this was followed by a PET scan which also came out clear. He continued the same Plussing and dry dose prescription for the next full year when he was moved to Split Doses.

Prescription

- ▶ *Chelidonium* 10M Split Dose one day per odd numbered month for one year
- ▶ *Scirrhinum* 1M Split Dose one day per even numbered month for one year
- ▶ *Cholesterinum* 3X 2 Dry Doses AM & PM daily
- ▶ *Carduus marianus* 3X 2 Dry Doses AM & PM daily

He was advised treatment was complete and to stop taking the remedies after two years but he is continuing with them on his own. To date in 2012, at age 76 he is still healthy.

CASE 38 A man, 68 years, reported in **January 2006** diagnosed with two tumours in the liver extending to the portal veins. The first symptoms began only ten days earlier with some rib and stomach pain, reduced appetite and queasiness. On palpation the liver

felt solid like a rock. He is taking oral chemotherapy tablets in addition to the homeopathy.

Prescription

- ▶ *Chelidonium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Scirrhinum* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

Within two weeks he noticed remarkable improvement in his appetite. He felt hungry and took a good portion at each meal. During these months the mild oedema in his legs lessened and the liver enzymes which were monitored every two weeks improved. After the four months an MRI showed 25 % reduction in both liver lesions and no metastasis was seen.

Prescription

- ▶ *Chelidonium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Scirrhinum* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

Now after eight months of Plussing the little remaining ascites was gone, the liver enlargement considerably less with no tenderness. MRI showed further reduction in the lesions.

Prescription

- ▶ *Chelidonium* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Scirrhinum* 10M Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

At this point the man felt almost normal and pleaded to stop the Plussing. He also refused additional MRIs. He was put on Split Doses of the same two remedies, each once in two weeks alternating for another year.

Presently after seven years he is still “fit as a fiddle!”.

Lung

Argentum nitricum, Kali bichromicum, Kali carbonicum, Lachesis, Lapis albus, Lycopodium.

Lung Cancer with Scarring

CASE 39 A 51 year old woman came in **March 2003** diagnosed with lung cancer, calcified granulomas with scarring, 5 mm nodule in upper right lobe and another in the left lung apex. Diagnosis was by CT scan, no treatment was offered other than watch and wait. History of tuberculosis, long term streptococcal infection (18 months on antibiotics), many close relations with cancer, two difficult marriages, four children, youngest seven at time of diagnosis. She is an optimistic worrier who makes quick decisions once gathering information.

Prescription

- ▶ *Argentum nitricum* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Sleep is more restful, sleeping like a rock. Running 3-5 miles per week which makes her feel good. Says she is doing really well.

Prescription

- ▶ *Argentum nitricum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

After eight weeks the *Carcinosin* potency was changed to 1M.

Feels so good. Changed jobs to one with much less stress, no longer needs or craves wine to relax. Loves the weeks on *Carcinosin*. Feeling some tightness in the lungs which doesn't interfere with exercise. Now running three miles six days per week. Has some tender cysts in her breasts.

Full battery of tests: chest X-ray unchanged; pelvic ultrasound and colonoscopy clear. Has osteopaenia.

Prescription

- ▶ *Argentum nitricum* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks
- ▶ *Oophorinum* 30C Dry dose every morning
- ▶ *Calcarea arsenicosa* 6C Dry Doses AM & PM

Bone density improved; pelvic sonogram perfect; mammogram/sonography showed two small cysts in left breast, one old, one new - will only be watched; lungs clear though X-rays unchanged, nodules still there but she is feeling great. Has been healthy through winter, not even one sinus infection. Began waking at 2 AM, doing the Plussing then since can't fall back asleep. Copes well on five hours sleep all day till she sits down and crashes. Otherwise feels excellent, hot flashes much improved.

Prescription

- ▶ *Argentum nitricum* 10M Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 10M Plussing even numbered weeks for 12 weeks
- ▶ *Calcarea arsenicosa* 6C Dry Doses AM & PM

Everything rolling along really well. Had to stop running from back pain and right arm numbness due to a herniated disc. Walking instead. The best she has ever been in her whole life. Has not had a single cold or acute illness since starting the remedies.

Prescription

- ▶ *Argentum nitricum* 10M Split Doses one day per alternate week for 8 weeks

Everything is still good but now some plantar fasciitis.

Prescription

- ▶ *Argentum nitricum* 10M Split Dose alternate weeks for 4 weeks
- ▶ *Carcinosin* 10M Split Dose alternate weeks for the next two weeks
- ▶ *Calcarea fluorica* 6C Dry Doses AM & PM

Would like her to have a scan every 2-3 years for physical verification.

CT scan stable, unchanged. Blood work all fine, no additional bone loss. Exercising a lot, feeling quite well.

Prescription

- ▶ *Argentum nitricum* 10M Split Dose alternate weeks for 8 weeks
- ▶ *Calcarea fluorica* 6C Dry Doses AM & PM daily

Totally fine, had her first upper respiratory infection in nearly four years but it resolved quickly. No complaints or problems.

Prescription

- ▶ *Argentum nitricum* 10M Split Dose alternate weeks for 8 weeks
- ▶ *Calcarea fluonca* 6C Dry Doses AM & PM daily

This is the last prescription, she was discharged, and remains in good health presently in 2014.

Bronchogenic Cancer

CASE
40

Male 72 years, reported **November 1993**, for assistance with severe cough and bloodstained expectoration. In 1992 he was diagnosed with bronchogenic cancer, Stage 3, with left

lobectomy performed. September 1993 recurrence in right lobe was operated on after which he turned to homeopathy.

His breathing was short and jerky, with sharp cutting pains in the chest that radiated either down to the stomach or up into the shoulder. Slightest cough or exertion produced severe dyspnoea and cyanosis.

Prescription

- ▶ *Oxalicum acidum* 200C Plussing odd numbered weeks for 4 weeks
- ▶ *Scirrhinum* 200C Plussing even numbered weeks for 4 weeks

Some improvement after two weeks, by end of four weeks, tremendous relief of all symptoms, no cough, less breathlessness, no cyanosis. He looked healthier as well.

Prescription

- ▶ Same as above for next eight weeks, improvement continued
- ▶ Weeks 13-20 same remedies but in 1M potency - he now felt completely well.

Prescription

- ▶ *Oxalicum acidum* 1M alternated with *Scirrhinum* 1M, Split Doses twice a month for 18 months then stopped. Afterwards only occasional repetition of either remedy. There was no expectation of cure as this man was clearly Stage 4 and lived well and comfortably for over four years.

Oxalicum acidum was prescribed for the specific symptoms, *Scirrhinum* over *Carcinosin* because the surgical pathology reported the mass to be rock-hard.

Lymphoma

(includes Hodgkin's and non-Hodgkin's) *Aurum metallicum, Conium, Iodum, Phytolacca, Scrophularia nodosa, Spongia, Thuja.*

Mediastinum, Scrophularia nodosa, Spongia, Thuja.

Non-Hodgkin's Lymphoma

CASE 41 At her third recurrence of non-Hodgkin's lymphoma, a woman, 48 years, came for homeopathic treatment in **August 2005**. Original diagnosis in 2002 was treated with chemo-

therapy. When it recurred in 2004, again she underwent chemotherapy. It made her weak and nauseous, with loss of appetite and significant weight loss. Her recovery from these symptoms was very slow. This recurrence involved two small nodules on the lower right lobe of her lung with pneumonitis.

Prescription

- ▶ *Lycopodium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

CT scan showed the small nodes unchanged.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

One node has vanished and the remaining node is smaller.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

CT scan now showed two small nodes in the abdomen. PET scan showed them benign. Fortunately the oncologist did not suggest any treatment.

Prescription

- ▶ *Lycopodium* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

She is extremely well, asymptomatic, so no additional scans were done.

Prescription

- ▶ *Lycopodium* 10M Split Dose odd numbered months for one year
- ▶ *Carcinosin* 1M Split Dose even numbered months for one year

She continues to be healthy in 2014.

Lymphoma of the stomach

CASE 42 Female 64 years, reported **December 2006**, with lymphoma of the stomach. She was suffering with hyperacidity, reflux, regurgitation and severe pain unrelated to her food intake.

The first endoscopy was done only after three months as the symptoms only appeared to be reflux oesophagitis. Finally she was diagnosed by PET scan and bone marrow aspiration. She refused the chemotherapy that was suggested.

Prescription

- ▶ *Hekla lava* 200C Plussing odd numbered weeks for 24 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 24 weeks

Potencies of *Hekla lava* and *Carcinosin* were raised to 1M during this time.

Prescription

- ▶ *Pulsatilla* 200C Plussing odd numbered weeks for 24 weeks (her constitutional)
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 24 weeks

Then back to original prescription

- ▶ *Hekla lava* 10M Plussing odd numbered weeks for 24 more weeks
- ▶ *Carcinosin* 10M Plussing even numbered weeks for 24 more weeks

By the time these 18 months' Plussing were completed there was a complete resolution of the lymphoma confirmed by an endoscopy.

Prescription

- ▶ *Pulsatilla* 1M Split Dose once per month
- ▶ *Carcinosin* 1M Split Dose once per month

Split Doses were continued for 18 months.

Often the Split Doses are given at a lower potency than the highest reached during Plussing.

Lymphomas can occur anywhere in the body.

Hodgkin's Lymphoma

CASE 43

A man, 33 years, turned to homeopathy for treatment of recurrent Hodgkin's lymphoma in **March 1995** when it appeared the conventional treatment was not working. At age

22 he had tuberculosis which was conventionally treated and cured. He also had skin issues of eczema and contact dermatitis. In 1994 on complaining to his doctor of mild daily fevers, abnormal glands in the right supraclavicular region, the right armpit and left inguinal region were found. An excision biopsy and histopathology report diagnosed Hodgkin's lymphoma Stage 2. He submitted to intensive chemotherapy for six months followed by long term maintenance chemotherapy. Two more abnormal glands appeared on the left cheek during this treatment, which is when he decided to supplement the chemotherapy with homeopathy.

Prescription

- ▶ *Scrophularia nodosa* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

The glands returned to normal size, he gained weight and felt normal so the chemotherapy was discontinued. The patient refused the recommended maintenance chemotherapy.

Prescription

- ▶ *Scrophularia nodosa* 1M Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 12 weeks

Routine oncologist visits showed the blood work during this time to be normal.

Prescription

- ▶ *Scrophularia nodosa* 1M Split Doses alternate months for one year
- ▶ *Carcinosin* 1M Split Doses alternate months for one year

All the homeopathic doses were stopped at this point and he continues to be well in 2012.

Scrophularia nodosa is “a powerful medicine whenever enlarged glands are present; for Hodgkin’s disease” (Boericke). Other prime indicators are patient or family history of tuberculosis or soft and rubbery glands similar to those seen with *Spongia*.

Melanoma

Arsenicum album, Arsenicum bromatum, Calcarea arsenicosa, Causticum.

Malignant Melanoma

CASE 44 A 72 year old man came for treatment of malignant melanoma in **May 2003**. He had a lifetime habit of enjoying beaches and sunbathing and the year before developed a le-

sion on his right arm. Pathology report from its removal showed malignancy but he declined further treatment. In February 2003 another lesion appeared on his right arm, almost in the same spot along with secondary melanoma in the right lung. This time he was offered chemotherapy which he declined.

Prescription

- ▶ *Lycopodium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

No change was seen after eight weeks but after the full prescription he developed a severe cough, incessant, productive and harassing.

CT scan was done surprising all with the result. The lung lesion was 50 % smaller, with pleural effusion in the right side.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks
- ▶ *Kali carbonicum* 30C Dry dose AM & PM daily for 8 weeks

The cough cleared, respiration improved and he was less breathless.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks

The skin lesion was now totally gone, the lung lesion was 90 % gone.

Prescription

- ▶ *Lycopodium* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

After one year of Plussing he was switched to Split Doses.

Prescription

- ▶ *Lycopodium* 10M Split Dose odd numbered months for one year
- ▶ *Carcinosin* 1M Split Dose even numbered months for one year

He still reports for a check-up annually, and continues in the best of health. Now in 2014 he is in his mid-eighties.

It is worth noting that malignant melanoma is the most difficult of skin cancers often leading to fatality.

CASE 45

A 64 year old male, an avid follower of beach holidays for ten years, presented in **January 2002** diagnosed with malignant melanoma. He found a skin lesion around his umbilicus

that was itchy, with raised margins that were thick and everted. The dermatologist was immediately suspicious and the biopsy upon excision confirmed the diagnosis. Scans were done and no metastasis seen. Six months later another similar lesion appeared on the left chest. Again, malignant melanoma was confirmed on excision. This time a lesion was also seen on the urinary bladder. Chemotherapy followed but the very first infusion produced a massive reaction: Crash of the white blood cells, haemoglobin and platelets with generalised allergic rashes, fever, nausea, and vomiting. He was hospitalised for a week to get back to nearly normal but the blood parameters were very slow to recover. This is when he turned to homeopathy.

Prescription

- ▶ *Thuja* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Blood work was now normal, no bladder symptoms, and the skin lesion on the chest looked smaller and better.

Prescription

- ▶ *Thuja* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

About 12 weeks into this he developed sudden haematuria. *Terebinthina oleum* 30C, dry dose in the mornings was added to the prescription.

Nine months after starting the Plussing, CT scan showed the bladder lesion to be much smaller.

Prescription

- ▶ *Thuja* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Terebinthina oleum* 30C Dry dose every morning

The skin and bladder lesions were now completely cleared.

Prescription

- ▶ *Thuja* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 10M Plussing even numbered weeks for 16 weeks

At this time he was switched to Split Doses for one year, each remedy one day per alternate month.

He continues to be cancer-free in 2014.

Mouth

(including tongue) *Aurum muriaticum*, *Baryta iodata*, *Hydrastis*, *Mercurius solubilis*, *Phytolacca*.

Squamous Cell Carcinoma

CASE 46 A 42 year old woman presented for treatment of Stage 1, squamous cell carcinoma of the mouth in **July 2002**. History of tobacco chewing for 20 years. Six months earlier she noticed a small ulcer on the buccal cavity of the right cheek, which she ignored until it grew to 1 cm in size. She saw the dentist who referred her to an oral surgeon who diagnosed the lesion by biopsy. No glandular involvement or spread was detected. She went for radiation but after 15 sessions there was not much response other than generalised inflammation and ulceration. At this point the radiation ceased and she came for homeopathic treatment.

Prescription

- ▶ *Aurum muriaticum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

After eight weeks the inflammation in her mouth subsided by more than 50 %. By the end of the 16 weeks the everted margins of the actual lesion were showing signs of resolution.

Prescription

- ▶ *Aurum muriaticum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The ulcer was now 75 % healed.

Prescription

- ▶ *Aurum muriaticum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Now the ulcer was 95 % resolved.

Prescription

- ▶ *Aurum muriaticum* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

At this point she was fully recovered and put on Split Doses for one year, *Aurum muriaticum* 10M alternate months with *Carcinosin* 1M.

Her only contact now is about other family members but today in 2014 she remains in excellent health.

CASE 47

A man, 65 years, reported in **January 2001**, diagnosed with squamous cell carcinoma of the mouth, Stage 2. The initial symptom was pain in the right tonsillar area but nothing was

visible. A scan showed a lesion behind the tonsil. A biopsy which nearly removed the tonsil resulted in the diagnosis. Submandibular and cervical glands were involved, also on the right side. Surgery was performed to remove whatever was suspicious. Skin grafting was necessary to repair this area. The oncologist informed him the risk of recurrence was great without either chemotherapy or radiation but the patient firmly refused such treatment. Additionally, this man was quite irritable, fastidious and desired sweets.

Prescription

- ▶ *Lycopodium* 200C Plussing odd numbered weeks for 24 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 24 weeks

He continued to be stable after the first 16 weeks so the prescription was extended. After the full six months a CT scan came out clear.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

He continued to be stable.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

CT scan was repeated, again showing clear.

Prescription

- ▶ *Lycopodium* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Since everything was clear, he was asymptomatic, and had regained almost 18 pounds since commencing homeopathy, it was decided not to repeat the CT scans unless there was a specific indication.

He was put on Split Doses of *Lycopodium* 10M alternating weekly with *Carcinosin* 1M for one year, then all remedies stopped.

He continues to be well now in 2014.

Oesophagus

Argentum nitricum, Arsenicum album, Causticum, Graphites, Silicea, Thuja.

oesophageal Cancer

CASE 48 A 52 year old man presented with oesophageal cancer in **March 2006**, shortly after the diagnosis. When he first noticed dysphagia he rushed straight to the doctor. He was only able to swallow some liquids. An endoscopy revealed a lesion at 20 cms pressing on the trachea. We had treated his uncle for the same condition 15 years ago. As the uncle is still doing well this man refused all Western treatment, opting for homeopathy instead.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

He was sent for another endoscopy with the original doctor. Amazingly 60 % of the lesion was gone and this man was now able to take some soft solids. (The gastroenterologist was so impressed that over the last few years he has referred a dozen difficult cases to our clinic).

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
Improvement continued.

Prescription

- ▶ *Conium* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

After Plussing for one year the endoscopy was 90 % clear so he was switched to Split Doses. The entire circle of his family are now great fans of homeopathy and he continues to be well in 2014.

Squamous Cell Carcinoma oesophagus

CASE 49 A woman, 61 years, reported in **May 2009**, six months after a diagnosis of squamous cell carcinoma of the oesophagus. Initial symptom was severe dysphagia. In addition there was a 1 cm x 2 cm lesion in the liver and scar tissue in the lung. Dysphagia was Grade 1, endoscopy revealed a mass in the middle third of the oesophagus (at 27-35 cm) which was biopsied. She was given two cycles of chemotherapy.

The oesophageal lesion was controlled but the liver now had three lesions so became the focus. She was chilly, fond of salt and sour, disliked sweets; affectionate, gentle with a morbid fear of thunder and lightning.

Prescription

- ▶ *Phosphorus* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

She seemed to be doing better but testing was not yet redone.

Prescription

- ▶ *Phosphorus* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

Liver scan showed significant reduction in the lesions.

Prescription

- ▶ *Chelidonium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

After these 16 weeks she was switched to Split Doses of the *Chelidonium* 1M and *Carcinosin* 1M, alternating once in two weeks for two years. *Chelidonium* 0 continues even now in 2014.

Ovary

Aurum muriaticum natronatum, Lilium tigrinum, Pulsatilla, Sepia, Thuja, Viburnum prunifolium.

ovarian Cancer

CASE 50 A female, 51 years, reported with diagnosis of Stage 3 ovarian cancer in **March 2000**. Had hysterectomy and chemotherapy in 1999. History of polio and endometriosis. Main complaints were joint pain, hot flashes and disrupted sleep.

Prescription

- ▶ *Natrum muriaticum* 200C Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 4 weeks

No report followed, seemed as though she changed her mind about the protocol. In October 2000 she complained of hot flashes, poor sleep and reduced flexibility. Blood work the past July was good, including the cancer markers. She never took the *Natrum muriaticum*. It was difficult to determine how or if she took the *Carcinosin*. It was emphasised how urgent it was for her to comply with the prescriptions.

Prescription

- ▶ *Viburnum prunifolium* 200C Plussing weeks 1 & 3
- ▶ *Carcinosin* 200C Plussing weeks 2 & 4
- ▶ Report back during week 4.

Mid-January 2001 she reported that she completed four weeks of the prescription correctly, although had a delay in receiving the remedies, then did not take them through the holidays. Leg pains improved, hot flashes and sleep unchanged, asked whether sexual energy could be helped. Again it was stressed that compliance is essential for recurrence to be prevented and only then can symptomatic relief be offered.

Prescription

- ▶ *Viburnum prunifolium* 1M Plussing weeks 1 & 3
- ▶ *Carcinosin* 1M Plussing weeks 2 & 4

Reports difficulty obtaining the remedies. Next follow-up report in April, says she stayed on the prescription from October 2000, not the more recent one. Blood work and cancer markers normal but requested an abdominal CT scan. Energy and joint pain improved.

Prescription

- ▶ *Aurum muriaticum natronatum* 200C Plussing weeks 1 & 3
- ▶ *Tuberculinum* 200C Plussing weeks 2 & 4

Reports she has taken this prescription for a long time and now in January 2003 finally follows up. Blood work still normal. Hot flashes and sleep had improved but were again worsening. More weepy and emotional than usual. Taking some herbs she thinks are not oestrogenic. Joint pain completely resolved, energy back to what it once was. Insists she wants to take the remedies until she is five years from the diagnosis.

Prescription

- ▶ *Sepia* 10M Plussing weeks 1 & 3
- ▶ *Tuberculinum* 1M Plussing weeks 2 & 4

April 2003 reports blood work and scans all normal. Less energy, hot flashes come and go but no longer dripping with sweat, but is feeling depressed.

Prescription

- ▶ *Sepia* 10M Plussing odd numbered weeks for 8 weeks
- ▶ *Tuberculinum* 1M Plussing even numbered weeks for 8 weeks
- ▶ *Oophorinum* 30C Dry dose daily in AM

July 2003, again overdue for follow-up, never ordered the *Oophorinum*, lost the prescription. Feels good otherwise.

Prescription

- ▶ *Sepia* 10M Split Dose weekly for 4 weeks
- ▶ *Oophorinum* 30C Dry dose daily in AM

November 2003, still has night sweats, doing yoga for stiffness, flatulent no matter what she eats or avoids. Mood is upbeat.

Prescription

- ▶ *Tuberculinum* 10M Split Dose days 1 & 15 only
- ▶ *Oophorinum* 30C Dry dose daily in AM

After a lapse in attending follow-ups for almost five years, in April 2003 she reports her blood work shows predisposition to myeloma. Still reporting leg pains from the chemotherapy. Now has hot flashes only from too much coffee. Works long hours, exercises and does yoga.

Prescription

- ▶ *Symphytum* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Tuberculinum* 10M Plussing even numbered weeks for 8 weeks

Reported findings of osteoporosis during this prescription but the remedies were not changed.

October 2008 she reports that her myeloma status is unchanged, other blood work still good.

Prescription

- ▶ *Symphytum* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Tuberculinum* 10M Plussing even numbered weeks for 8 weeks
- ▶ *Aurum metallicum* 30C Dry dose daily in AM

It is now more than five years since her last official contact but she still refers new clients and appears to be in good health on internet social networking sites.

The sporadic compliance of this patient was not in her best interest though fortunately she has done well overall, 14 healthy years so far after a serious diagnosis. The problems she encountered were largely her own as the remedies were always quite available, if not from one pharmacy, then another.

CASE 51

Female, 37 years old, first seen **May 2004**. Original diagnosis chocolate cyst of the ovary, now reporting with ovarian cancer, Stage 2. No treatments were offered at this time. Aside

from the diagnosis she complained of extremely painful menses with profuse bleeding and clots. Pain and spotting at time of ovulation.

Prescription

- ▶ *Viburnum prunifolium* 200C Plussing odd numbered weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks

CT scans were repeated every four months.

Prescription

- ▶ After 6 months *Viburnum prunifolium* was raised to 1M
- ▶ After 9 months *Carcinosin* was raised to 1M

She was discharged healthy in 2008. Reports from family members say she is still healthy in 2014.

Endometrial Cancer

CASE 52 Female 42 years, diagnosed with endometrial cancer **September 2006**. No metastasis noticed so hysterectomy was performed to be followed by chemotherapy and radiation which she refused.

Prescription

- ▶ *Aurum muriaticum natronatum* 200C Plussing odd numbered weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks

These two remedies were alternated for two years with the potencies going up the scale to 10M based on time rather than symptom changes. During this time regular check-ups showed no cancer detected.

Prescription

- ▶ *Aurum muriaticum natronatum* 1M Split Dose once per month for 2 years
- ▶ *Carcinosin* 1M Split Dose once per month for 2 years

Since 2010, still no recurrence.

Ovarian Cancer

CASE 53 A woman, 56 years, diagnosed with ovarian cancer Stage 2, Grade 3 presented for homeopathic treatment in **October 1999**. The diagnosis was made a month earlier. She was al-

ready past menopause so agreed to a complete hysterectomy and was now undergoing chemotherapy. Family history included various cancers in relatives who lived into their 90s. She had irritable bowel issues 20 years ago, treated successfully with acupuncture and giving up dairy foods. Her spirit is rebellious and she loves outdoor activities.

Prescription

- ▶ *Natrum muriaticum* 200C Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 4 weeks

Blood work is pretty good, including liver enzymes. WBC is low from the chemotherapy.

Prescription

- ▶ *Aurum muriaticum natronatum* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

Blood work still near normal. Chemotherapy delayed one week because of the low WBC so now taking Neupogen® shots.

Prescription (a deviation from the usual)

- ▶ *Arsenicum album* 200C Plussing for 2 weeks
- ▶ *Aurum muriaticum natronatum* 200C Plussing for the following 2 weeks

Got through the last chemotherapy treatment with the Neupogen® shots. Other blood work still close to normal. She has been walking daily and doing qi gong throughout but still says energy is reduced. Reports anxiety about her health. For her generalised fears takes antianxiety medications. Has trouble falling back to sleep if she wakes during the night. Immune system is way down, has herpes outbreaks. Digestion is bothersome since the final chemotherapy treatment.

Prescription

- ▶ *Arsenicum album* 200C Plussing for 2 weeks
- ▶ *Aurum muriaticum natronatum* 200C Plussing for the following 2 weeks

Had the first check-up with the gynaecological oncologist since finishing the chemotherapy. No lab work done, just told to come back in three months. The anxiety is worse, more highs and lows so the medications were changed. Still not regaining weight.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for one month
- ▶ *Carcinosin* 200C Plussing even numbered weeks for one month

Developed an unexplained low grade fever so *Natrum phosphoricum* 6X Dry Dose was added to be taken six times daily.

During the next follow-up many hurt emotions and suppressed anger surfaced from events two years earlier. Scans were negative, no reason found for the fever.

Prescription

- ▶ *Staphysagria* 200C Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 4 weeks

The fever is gone though no reason was ever determined. Gynaecological oncology exam was negative. Energy seems stronger, right side of jaw is tender, weight still a bit low.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 4 weeks
- ▶ *Natrum phosphoricum* 6X use only for “SOS” (emergency acute symptoms)

Energy is still building but mornings are difficult. Takes the anti-anxiety medicines and feels better and more energetic by evening. The fear/anxiety is turning more to tears. Allergies are blocking her nose. This is worse than before the chemotherapy. Plans to return to full time teaching at the start of the next academic year. Blood work is still good.

Prescription

- ▶ *Staphysagria* 1M Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 4 weeks

Energy still low in the morning. Walking more. Anxiety is becoming more fear of recurrence and death. Weight now back to normal.

Prescription

- ▶ *Natrum muriaticum* 200C Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 4 weeks

Returning to school in two weeks, asked if the prescription can change to Dry Doses. Digestion is bothersome again, bowels very loose, some terror about returning to the classroom. Energy is good. Some fear and resentment are coming up now but will see the gynaecological oncologist in a few days and that always is a fearful situation.

Prescription

- ▶ *Conium* 1M Split Dose one day per week for 2 weeks
- ▶ *Carcinosin* 1M Split Dose one day per week for the second 2 weeks

Loves the Split Doses. Does some fast walking each morning before school, fighting off some virus that is going around. Fear and tenseness abated after the first week of teaching. She had a birthday and is appreciating her health.

Prescription

- ▶ *Conium* 1M Split Dose one day per week for 2 weeks
- ▶ *Carcinosin* 1M Split Dose one day per week for the second 2 weeks

Stress is back and fear of the cancer. Went off the anti-anxiety drugs, now overwhelmed. No appetite and weight is down. Still walking and teaching. Listens to audio tapes to calm down.

Prescription

- ▶ *Aurum muriaticum natronatum* 200C Split Dose one day per week for first and third 2 weeks
- ▶ *Carcinosin* 1M Split Dose one day per week for the second and fourth 2 weeks

Was in anger spell last week, “I’m tired of taking care of myself, want someone else to do it.” Now that has passed but she still gets into fear of cancer, recurrence and death but can sometimes go out and have fun.

Prescription

- ▶ *Natrum muriaticum* 200C Split Dose one day per week for the first and third 2 weeks
- ▶ *Carcinosin* 1M Split Dose one day per week for the second and fourth 2 weeks
- ▶ After four weeks *Calcarea fluorica* 6X was added for digestive issues, flatulence and belching.

Just recovered from some virus “bugs.” Had a check-up, blood work is good. Feels rested from a week’s holiday.

Prescription

- ▶ *Natrum muriaticum* 200C Split Dose one day per week for the first 2 weeks
- ▶ *Carcinosin* 1M Split Dose one day per week for the second 2 weeks
- ▶ *Calcarea fluorica* 6X Dry Doses twice daily
- ▶ *Ferrum phosphoricum* 6X Dry Doses twice daily

Got constipated and felt extreme fear that this signalled a recurrence. Doctor said it was from herbs she was taking. Allergies are acting up as is back pain like electric shocks. Enough complaining, things are actually great.

Prescription

- ▶ *Natrum muriaticum* 1M Split Dose one day per week for three weeks
- ▶ *Carcinosin* 1M Split Dose fourth week only
- ▶ *Calcarea fluorica* 6X Dry Doses AM & PM daily

A recent doctor’s physical exam confirms she is doing well on all levels. The end of school year is exhausting, as it was even before diagnosis.

Prescription

- ▶ *Aurum muriaticum natronatum* 200C Split Dose one day per alternate week for 16 weeks

- ▶ *Calcarea fluorica* 6X Dry Doses AM & PM daily
- ▶ *Natrum phosphoricum* 6X Dry Doses AM & PM daily

Gynaecological oncologist is thrilled she is nearly at two year mark and all is still going well. Energy is improving and anger coming up more.

Prescription

- ▶ *Medorrhinum* 200C Split Dose one day per alternate week for 16 weeks
- ▶ *Calcarea phosphorica* 6X Dry Doses AM & PM daily
- ▶ *Natrum phosphoricum* 6X Dry Doses AM & PM daily

All well except for a gallstone.

Aurum muriaticum natronatum 200C Split Dose one day per alternate week for 16 weeks as above. In addition:

Chelidonium 6C and *Natrum sulphuricum* 6C Dry Doses AM & PM daily.

This was the last we heard from her for nine years when she wrote to say she is still cancer-free.

Pancreas

Arsenicum album, Baryta iodata, Ceanothus americanus, Chelidonium, Hydrastis, Spongia.

Pancreas

CASE 54 In **March 2003**, a 36 year old male came for treatment of malignancy in the pancreas. When told surgery was his only option and that the prognosis was poor he opted for homeopathy alone.

He had been unwell for the last eight years undergoing surgery for pancreatic calculi followed by removal of a cyst in the liver. He was given a conservative line of treatment for one year for pseudocysts in the pancreas. He had not had a single day free from abdominal symptoms which forced him to give up his lucrative career. Then he became diabetic from the pancreatic cysts. Throughout this time he was losing weight. One day the severe abdominal colic sent him to the emergency room where a scan showed a large mass around a cyst. At this point a CT guided biopsy resulted in his diagnosis.

Additional history included repeated attacks of malaria - at least six recurrences in the last ten years. This resulted in mild splenomegaly over these years. He also had traces of high blood sugar since five years of age.

Prescription

- *Natrum sulphuricum* 200C Plussing odd numbered weeks for 16 weeks
- *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

At last he was pain free with a better appetite, gaining nearly five pounds. During this time when he had colic pain he was given *Berberis vulgaris* 200C in water every two minutes until relief set in.

Prescription

- ▶ *Natrum sulphuricum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Improvement continued.

Prescription

- ▶ *Natrum sulphuricum* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

A year from the commencement of Plussing he went for a CT scan which showed the lesion 99 % cleared. There was possibly only a residual semblance of the lesion.

Prescription

- ▶ *Natrum sulphuricum* 10M Plussing odd numbered weeks for 6 months
- ▶ *Carcinosin* 10M Plussing even numbered weeks for 6 months

Prescription

- ▶ *Natrum sulphuricum* 10M Split Dose odd numbered months for one year
- ▶ *Carcinosin* 10M Split Dose even numbered months for one year

His health continues to be excellent now in 2014.

Pancreatic Cancer

CASE
55

A male, 61 years, presented for treatment of pancreatic cancer in **March 2006**. About six months earlier he suffered with pancreatic pseudocysts which showed no sign of malignancy.

Then an acute bout of colic had him admitted to the hospital where a scan now showed suspicion of a malignancy. Laparotomy was performed removing only 75 % of the pancreas as some was adhered to the stomach. He was given chemotherapy after the surgery but he could not tolerate it so he turned to homeopathy.

Prescription

- ▶ *Ceanothus americanus* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

After eight weeks he was symptom-free which continued through the full prescription.

Prescription

- ▶ *Ceanothus americanus* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

After these months he appeared cheerful and healthy with good colour, energy and an appetite that had returned to normal. He regained about 25 pounds.

Prescription

- ▶ *Ceanothus americanus* 1M Plussing odd numbered weeks for 32 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 32 weeks

At this point he was switched to Split Doses.

Prescription

- ▶ *Ceanothus americanus* 1M Split Dose odd numbered months
- ▶ *Carcinosin* 1M Split Dose even numbered months

The last CT scan was done in April 2011 showing the pancreas in the same state, no better or worse, with the remainder of the lesion still adhered to the stomach. Physically he is extraordinarily fit and in otherwise perfect health. Technically this is considered a total remission, rather than cure which continues now in 2014, eight years since his diagnosis.

Parotid

Iodium, Lachesis, Phytolacca (mostly for the parotid), Scrophularia nodosa, Spongia, Thuja.

Squamous Cell Carcinoma

CASE 56 A male, aged 64, reported for treatment of poorly differentiated squamous cell carcinoma of the parotid gland, in **January 2005**. Initial symptoms were pain and swelling so a surgeon excised the entire gland. No other glands were palpable but chemotherapy was advised anyway. This was refused by the patient.

Prescription

- ▶ *Phytolacca* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The patient seemed well but no other investigations were performed.

Prescription

- ▶ *Phytolacca* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

During these 16 weeks he developed an incessant cough with no cause determined. Due to his cancer history many tests were done including a CT scan of the lungs. Lungs were clear, it was just a small infection which cleared with a few days of *Bryonia* 30C followed by *Kali carhonicum* 30C.

Prescription

- ▶ *Phytolacca* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

He continued feeling well so this prescription was continued an additional 16 weeks.

The next new prescription changed him to Split Doses for one year, same two remedies in the same potencies one day per alternate weeks.

He continues to be cancer-free now in 2014.

Parotid Tumour

CASE
57

A man, 49 years, reported in **August 2005**, three months after a diagnosis of a parotid tumour. The hard lump was removed. The surgery was followed by a course of radiation and one round of chemotherapy. Shortly after this treatment a recurrence was seen in a submandibular lymph node. More radiation and chemotherapy was recommended but the patient refused. History includes a head injury, from an accident, in 2004.

Prescription

- ▶ *Phytolacca* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The lump in the submandibular gland disappeared completely and he was very comfortable.

Prescription

- ▶ *Phytolacca* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Improvement continued.

Prescription

- ▶ *Phytolacca* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Plussing ceased after one year. He still goes for check-ups once in six months and is absolutely well in 2014.

Adenocarcinoma Parotid Gland

CASE 58

A single woman, 39 years, was reluctant to have the advised surgery for adenocarcinoma of the parotid gland so presented for treatment in **March 2007**. The left parotid was swollen and nodular with no lymph involvement. Salivation and chewing were very painful. Fine needle aspiration cytology was the diagnostic test.

Prescription

- ▶ *Phytolacca* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The nodularity of the parotid evened out - a good sign.

Prescription

- ▶ *Phytolacca* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Improvement continued.

Prescription

- ▶ *Phytolacca* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

At the end of one year the glandular swelling was resolved and a CT scan came out normal. She took the same two remedies in Split Doses for another six months and was discharged. She continues to be well in 2014.

Prostate

Conium, Lycopodium, Sabal serrulata, Thuja.

Prostate Cancer

CASE
59

A male, 49 years, came for homeopathic treatment of prostate cancer in **January 2005**, immediately following surgery to remove the organ. His Gleason score was 7 ng/ml, PSA was

elevated though there were no symptoms, even on physical exam. Pathology: Adenocarcinoma and carcinoma. History of alcoholism and smoking though now sober 20+ years. Sleep is always excellent as is appetite. Loves fish, milk and hot drinks. Temper was boisterous, angry and biased until religion calmed him down, now nicknamed “Prozac Sam” for his calmness and optimism. Loves heights, fears snakes.

Prescription

- ▶ *Thuja* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Recovering well from the surgery, PSA 2.0 ng/ml, urination is improving but some dribbling and impotence. *Selenium* 30C added to prescription at eight weeks, Split Dose weekly.

Had been taking *Lycopodium* on his own which he preferred to *Selenium*. Still impotent even with allopathic prescriptions. Sinuses are stuffed; discomfort under scrotum. Ejaculates without erection, which is very painful.

Prescription

- ▶ *Thuja* 1M Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks
- ▶ *Selenium* 30C Split Dose one day per week

Four weeks into this prescription, PSA dropped to below 1 ng/ml. Sexual function improving very slightly. Some dribbling with erec

tions which are still only partial. After eight weeks PSA is down to 0, but he is still impatient about impotence. Switched the *Selenium* to *Lycopodium* 30C, Split Dose weekly.

Says there is now some action from the *Lycopodium*, but not back to normal. Thinks he is completely well in all other areas, but his sitting position is still compromised.

Prescription

- ▶ *Thuja* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks
- ▶ *Lycopodium* 30C Split Dose one day per week

Went on holiday and did the best he could with the Plussing. Groin area seems more sensitive - sensations are coming back. Erections are more frequent, easier to obtain and maintain.

Prescription

- ▶ *Thuja* 10M Plussing odd numbered weeks for 6 months
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 6 months
- ▶ *Lycopodium* 30C Split Dose weekly

At the start of this prescription, still complaining of sexual issues and supplementing with the allopathic prescriptions. Still has some tenderness in his groin but gave up his inflatable cushion. PSA insignificant, way below one. Now one year since beginning the homeopathy he is pleased with the cancer situation but very discouraged in the sexual realm. If aroused, there is dribbling, can still orgasm without erection. Orgasms more intense than before surgery.

- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily added after 16 weeks.
- ▶ At 20 weeks *Lycopodium* is adjusted to 200C Split Dose one day in alternate weeks.

He is happy again, no incontinence or spring allergies. Still using prescriptions for impotence.

Prescription

- ▶ *Lycopodium* 200C Split Dose weekly for 4 weeks
- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily

PSA repeated and still lower than 1.

Prescription

- ▶ *Lycopodium* 1M Split Dose one day per alternate weeks for 12 weeks
- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily

All continues well.

Prescription

- ▶ *Carcinosin* 1M Split Dose one day per alternate weeks for 8 weeks
- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily

PSA continues below 1, still uses a little of the allopathic drugs but can now perform sexually whenever he wants.

Prescription

- ▶ *Lycopodium* 1M Split Dose one day per alternate week for 8 weeks, followed by,
- ▶ *Carcinosin* 1M Split Dose one day per alternate week for 8 weeks
- ▶ Repeat the above for another 16 weeks
- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily

During the above regimen his physical exam was all normal, PSA still below 1.

Treatment ended. He reports perfect health in 2014, nine years since the diagnosis.

CASE 60 Male 63 years, reported **January 1996** with MRI showing secondaries in the brain. He was recommended to have radiation which scared him so he came for homeopathy. In 1994 he had surgery for diagnosed prostate cancer Stage 2. He had two confirming symptoms for the remedy selection:

He had intolerable headache with extreme restlessness and had to keep rolling his head in the pillow; incontinence of urine, worse sitting,

better standing, for the last five years. This began before the surgery and continued after the surgery even though he recovered from all other prostate problems. These symptoms pointed strongly toward the medicine selected.

Prescription

- ▶ *Zincum sulphuricum* 200C Plussing weeks 1 & 3
- ▶ *Carcinosin* 200C Plussing weeks 2 & 4

After one month he reported both headache and incontinence were more than 50 % improved.

- ▶ Weeks 5-8 continued same prescription.

Brain MRI showed distinct reduction in size of lesion.

Months 2-4 continued the same remedies alternating in Plussing Doses.

After four months MRI showed entire deposit cleared and he reported being 90 % symptom-free.

Plussing continued for a full year, then switched to Split Doses alternating monthly for an additional year. In 2014 he remains cancer-free.

Adenocarcinoma Prostate

CASE 61 Male, 67 years, reported **January 2005** after receiving a diagnosis of adenocarcinoma of the prostate. His PSA was 12.7 ng/ml, Gleason Grade %. CT scan showed the growth and retention of urine in the bladder. He complained of frequent urination, high cholesterol, coronary artery disease with anxiety and depression.

Prescription

- ▶ *Aurum arsenicum* 200C Plussing odd numbered weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks

In 6 months the *Aurum arsenicum* was raised to 1M.

In 9 months the *Carcinosin* was raised to 1M.

PSA declined steadily and in one year dropped to 1.6 ng/ml. Heart symptoms improved, cholesterol decreased. Now in 2014 he continues to be in excellent health.

Rare/Thymoma

Pleural Metastasis of Thymoma

CASE Female, 39 years, diagnosed with pleural metastasis of thy- **62**
moma. (Extremely rare epithelial/myasthenia gravis -related to thymus).
Thymoma was resected, followed by chemotherapy but no response in the
pleura. Reported for homeopathy in **January 2008**.

Prescription

- ▶ *Physostigma* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Potencies raised to 1M for additional 12 weeks. The pleura was completely clear on a CT scan after six months of Plussing. One year later a tumour was found in the sternum (in the bone) and platelets and red blood cells were low so Plussing was resumed.

Prescription

- ▶ *Symphytum* 200C Plussing odd numbered weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks
- ▶ *Spongia* 30C Dry Doses AM & PM daily to help improve the blood picture.

She continued getting CT scans twice per year and last reported in 2011 in good health.

Invasive Thymoma

CASE
63 A woman, 60 years, reported in **January 2010** for recurrence of invasive thymoma. At the initial diagnosis in 2005 she presented with myasthenia gravis. At that time symptoms

were weakness of the jaw, loss of motor function, dysphagia and weakness with decreased mobility of her hands.

Surgical resection, sternotomy with no radiation at that time. Follow-up planned with CT scans. Plasmapheresis was required twice to stabilise the myasthenia gravis. Several recurrences resulted in additional surgery along with chemotherapy and radiation.

Prescription

- ▶ *Physostigma* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

At 16 weeks the *Physostigma* was raised to 1M potency and the same alternation was continued. After 24 weeks from the start of Plussing she had a CT scan showing slight decrease in anterior mediastinal mass, no change in pleural nodules. Tumour location near sternum indicated possible aplastic anaemia.

Prescription

- ▶ *Hekla lava* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks
- ▶ *Spongia* 30C Dry Doses AM & PM daily

Prescription

- ▶ *Hekla lava* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks
- ▶ *Spongia* 200C Dry Doses AM & PM daily

Blood work shows haemoglobin now 11.8 gm/dl. Improvement very encouraging.

Prescription

- ▶ *Phosphorus* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

After these 16 weeks the *Phosphorus* was raised to 1M potency, *Carcinosin* continued the same and *Spongia* 200C Dry Doses twice daily was reintroduced. She was kept on this prescription for another six months.

Since October 2011 she has remained stable, the disease has not progressed or recurred, in 2014.

Rectum (see Colon)

Aloe socotrina, Lachesis, Nitricum acidum, Sulphur, Thuja.

Skin

(whether basal or squamous) *Arsenicum album*, *Arsenicum bromatum*, *Bacillinum*, *Euphorbium*, *Sulphur*.

If Bacillinum is indicated, use it as the nosode in even numbered weeks alternating with a constitutional remedy.

Basal Cell Carcinoma

CASE 64 In **May 2005**, a female airline pilot came for treatment of basal cell carcinoma on her right hand. She arranged her flying schedule so she could take appointments in Chennai

every eight weeks. The hand lesion, confirmed by biopsy, followed a ten year history of lichen planus. Beginning in 1995 the lichen planus developed all over her body but mostly in the more exposed areas. It would subside with steroids, then re-erupt, spread and itch viciously. When the skin lesion appeared she refused any Western treatment.

She wondered if the high exposure of pilots to UV rays was the cause. All her skin symptoms were worse from sun, headaches and tiredness. She was premenstrually worse; desired salt; loved music and dancing.

Prescription

- ▶ *Natrum muriaticum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

During these four months while the ulcer was healing, the lichen planus was improving as well.

Prescription

- ▶ *Natrum muriaticum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The now healed skin lesion left a dark mark, quite noticeable, that would not subside. The nosode was changed and she was put on Split Doses.

Prescription

- ▶ *Natrum muriaticum* 1M Split Dose, one day per alternate week for 16 weeks
- ▶ *Bacillinum* 200C Split Dose, one day per alternate week for 16 weeks

At nearly one year from the start of treatment an ulcer appeared on her face. This was very much like the one on her hand and also found to be a basal cell carcinoma. Instead of returning to Plussing, the potencies of her remedies were raised.

Prescription

- ▶ *Natrum muriaticum* 10M Split Dose, one day per alternate week for 16 weeks
- ▶ *Bacillinum* 1M Split Dose, one day per alternate week for 16 weeks

The facial lesion cleared. For the next 16 weeks she continued the same two remedies and potencies but each only once every two weeks.

Presently in 2014 she remains in good health, both the skin cancer and lichen planus are gone.

CASE 65 A 55 year old woman reported in **October 2007** with basal cell carcinoma. In 2003 surgery removed two lesions on the right hand; in 2005 lesions were removed from her face and 6 months later some on her neck. All pathology reports were positive for basal cell carcinoma. In September 2007 a lesion appeared on her left shoulder. An X-ray at this time showed an opacity in the left lung. She did not pursue further diagnosis and decided to opt for homeopathic treatment. She was a loner who liked sweets and was irritable.

Prescription

- ▶ *Lycopodium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The skin lesion cleared completely, the lung lesion was smaller but not gone.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

A CT scan showed the lung to be totally clear.

Prescription

- ▶ *Lycopodium* 1M Split Dose alternate months for 6 months
- ▶ *Carcinosin* 200C Split Dose alternate months to the *Lycopodium*

Now in 2014 there have been no recurrences since starting homeopathic treatment in 2007.

Stomach

Arsenicum album, Cadmium sulphuratum, Causticum, Condurango, Hydrastis, Kali bichromicum, Ornithogalum - Ornithogalum 0 is often used concurrently with the remedies for pain relief.

Adenocarcinoma

CASE 66 Male, 43 years, diagnosed in **2007** with adenocarcinoma of the stomach.

For six months the patient had pain in the epigastrium with loss of appetite but he managed with antacids until the pain was severe enough to send him for an endoscopy and CT scan. The endoscopy showed a mass in the greater curvature 3 x 3 1/2 cm; the CT scan showed para-aortic nodes and liver deposits. Although he wished to use only homeopathy, we advised him to have the medically recommended surgery. A total gastrectomy was performed, along with removal of the 14 visible lymph nodes. Chemotherapy was suggested to follow the surgery but he refused. At this point the homeopathic treatment commenced.

Prescription

- ▶ *Condurango* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

Patient was very comfortable so the same alternation was continued for six months.

CT scan at six months showed small reduction in liver deposits with no new lymph involvement.

Prescription

- ▶ *Condurango* 1M Plussing odd numbered weeks for 6 months
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 6 months
- ▶ *Chelidonium* Ø 15 drops AM & PM for 6 months

CT scan at one year from diagnosis showed 75 % reduction in liver lesions and no new lymph involvement.

Prescription

- ▶ *Condurango* 10M Plussing odd numbered weeks for 6 more months
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 6 more months

Patient was very comfortable, went to work as normal and was quite active.

Prescription

- ▶ *Condurango* 10M Split Doses alternate months for 6 months
- ▶ *Carcinosin* 1M Split Doses alternate months for 6 months

At this point all homeopathy was stopped and now in 2012, more than four years have passed and he continues to do well.

Condurango was prescribed purely as an organ-specific remedy.

Stomach Cancer

CASE 67 Female 59 years, married with four children, diagnosed **March 2008** with early Stage stomach cancer. Surgery was recommended but she wanted homeopathy alone and since the cancer was not advanced her case was taken up.

History: She had suffered from reflux oesophagitis for the past five years. There were at least six or seven endoscopies during this time which showed no sign of cancer. The most recent one did not show a tumour but the stomach wash showed malignant cells.

Prescription

- ▶ *Condurango* 200C Plussing odd numbered weeks for 3 months
- ▶ *Carcinosin* 200C Plussing doses even numbered weeks for 3 months

Endoscopy was repeated, stomach wash showed no malignant cells.

Prescription

- ▶ Continue the same Plussing alternation for three more months

Another endoscopy was done, now six months since beginning homeopathy, again no malignant cells were found.

CT scan of entire abdomen and chest was clean.

Prescription

- ▶ *Condurango* 1M Plussing odd numbered weeks for 6 months
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 6 months

Patient was now totally symptom-free, including the reflux oesophagitis which had plagued her for the past five years.

Prescription

- ▶ *Condurango* 1M Split Dose, alternate months for 6 months
- ▶ *Carcinosin* 1M Split Dose, alternate months for 6 months

Remedies were stopped at this point and she continues to be symptom-free, in 2014.

None of the usual favourites like *Argentum nitricum*, *Lycopodium*, *Natrum Sulphuricum*, *Sulphur*, or *Arsenicum album* were indicated. No clues were available so *Condurango* was chosen as an organ-specific remedy.

Thyroid

Iodium, Lachesis, Phytolacca (mostly for the parotid), Scrophularia nodosa, Spongia, Thuja.

Papillary Carcinoma

CASE 68 A woman, 38 years, reported in **October 2007** diagnosed with papillary carcinoma of the thyroid. TSH was 14.7, ultrasound showed nodule in the right lobe. Diagnosis made by biopsy

report. She was told to have surgery followed by radiation which she refused turning instead to homeopathy. Though our recommendation was for surgery alone, she stubbornly refused. We agreed to try the homeopathy for four months, then reconsider all the options if necessary.

She was constipated, chilly, with severe asthma since childhood and a history of being fully vaccinated. She had many warts, hair loss, painful menses and body swelling when overtired.

Prescription

- ▶ *Thuja* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

This was followed for the four months then the ultrasound and fine needle biopsy were repeated. The nodule reduced more than 40 %. TSH reduced to 11.3.

Prescription

- ▶ *Thuja* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Now the nodule showed only as residue, all other parameters were normal so the prescription was changed to Split Doses of the same two remedies and potencies, each once in two weeks alternating for one year. She remains in perfect health now seven years later.

Thyroid Cancer

CASE 69 A man, 35 years, presented in **September 2007** diagnosed with thyroid cancer.

A nuclear scan with radioactive iodine showed high iodine uptake as well as evidence the nodule was malignant. The right thyroid lobe had a hard nodule that was growing steadily. He had significant weight loss, was easily stressed, had a rapid pulse, palpitations and sleeplessness for months.

Prescription

- ▶ *Spongia* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Iodium* 30C Dry dose every morning

Symptoms were ameliorated and the nodule reduced in size. Despite this good report he contracted a massive oral infection which could not be explained. For this he was given:

- ▶ *Baryta iodata* 30C Split Dose daily for 8 weeks

Prescription

- ▶ *Spongia* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Iodium* 30C Dry dose every morning

All the symptoms were improving but still he was not regaining the lost weight.

Prescription

- ▶ *Iodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

He regained the weight and has remained in good health up until now in 2013.

Uterus

Aurum muriaticum natronatum, Lachesis, Lilium tigrinum, Sepia, Thuja, Viburnum prunifolium.

Papillary Adenocarcinoma Uterus

CASE 70 A woman, 41 years, presented in **July 2005** for follow-up treatment to a total hysterectomy. Pathology report was papillary adenocarcinoma of the uterus. Follow-up treatment recommended was for chemotherapy and radiation which was not done.

History of spotting for 7-8 years between on and off heavy bleeding. This was treated symptomatically with some relief. In May 2005 the bleeding was profuse and uncontrollable leading to the hysterectomy.

Prescription

- ▶ *Aurum muriaticum natronatum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

She was symptom-free and comfortable.

Prescription

- ▶ *Aurum muriaticum natronatum* 1M Plussing odd numbered weeks for 4 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 4 weeks

Full body MRI showed no metastasis.

Prescription

- ▶ *Aurum muriaticum natronatum* 10M Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 20 weeks

After 14 months of Plussing she was switched to Split Doses, same two remedies, alternate weeks. Another MRI was done at 18 months from the

start of homeopathy. It too was clear, treatment was stopped. She still reported for follow-ups twice yearly for five more years, continuing to be

Adenocarcinoma Uterus

CASE 71 A woman, 60 years, reported in **April 2009**, with a recurrence of adenocarcinoma of the uterus. Original diagnosis exactly one year

and radiation was done. These treatments were completed by autumn 2008. Within six months a routine CT scan picked up pelvic lymph node involvement and more chemotherapy was advised. Unwilling to put herself through that again for such short term results she turned to homeopathy.

She is gentle, loving, sensitive, plump, teary and subservient.

Prescription

- ▶ *Pulsatilla* 200C Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 20 weeks

CT scan showed slight reduction in the gland and no extension anywhere else.

Prescription

- ▶ *Pulsatilla* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Prescription

- ▶ *Pulsatilla* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

CT scan now completely clear, no evidence of any malignant lesions.

Prescription

- ▶ *Pulsatilla* 10M Split Dose alternating weekly for 1 year
- ▶ *Carcinosin* 1M Split Dose alternating weekly for 1 year

She is still cancer-free in 2014.

Part 2

Palliation for Situations Beyond Cure

When treating cancer, the most difficult situations arise when patients arrive for treatment once the disease is quite advanced. This happens for many reasons, most commonly after they have completed all that allopathic doctors can offer.

Other times the disease is not discovered until it has progressed to Stage 4 at initial diagnosis, or it has metastasised from the original site to an area more difficult to treat.

Common secondary sites such as liver and lungs, as well as deep internal organs such as the stomach and pancreas often fall into this category. In these locations the cancer has the opportunity to establish itself before causing any bothersome symptoms. Many leukaemias fall into this group as well.

At these advanced stages the homeopath can still offer beneficial results, most often reduction of the most troubling symptoms, reduced need for narcotic pain medications and quite often longer life.

Frequently the patient regains some strength and abilities, both physical and emotional, often resuming part time work, and enhancing their quality of life.

In the later stages of cancer, ascites and oedema are frequently seen. They need to be treated for the patient's comfort even if the source of the fluid build up cannot be prevented.

Ascites, the accumulation of peritoneal fluid in the abdomen, usually occurs when the cancer has metastasised there or to the liver. These enlarged lesions block the free flow of peritoneal fluid which builds up, causing the swelling that in turn presses on other organs causing extreme pain.

The most frequently used remedies for this situation are: *Arsenicum album*, *Carbo vegetabilis*, *Apis*, *Apocynum*, and *China*.

Oedema, somewhat similar, is the swelling of any part due to fluid accumulation.

It is either lymph or extravasation of fluid from a blood vessel. In late stages of cancer it usually occurs when the heart or kidneys malfunction. When there is poor venous return, fluid accumulates. *Sulphur*, *Calcarea carbonica* and *Lycopodium* are a trio of remedies made popular by James Tyler Kent, one of homeopathy's old masters. They are the most useful when treating oedema.

For both ascites and oedema, if the patient is still benefitting from the Plussing Doses, the selected remedy should be given in low potency, such as 30C 3-4 times daily while the Plussing continues.

Also seen in late stage disease are adhesions, usually a result of granulation or scar tissue, after multiple surgeries. The most frequently used remedy to help resolve these is *Graphites*, which is given in Split Doses. If the adhesions are noticed because of the colicky pains they can produce, *Colocynthis* may be employed. This is usually dosed as an SOS by sipping frequently from a cup of water into which one Dry Dose has been dissolved. A sip every five minutes for up to ten sips or fewer once relief occurs.

To see positive results, it is essential that the Plussing Doses be administered for as long as possible, even during hospitalisations or alongside allopathic medicines. A committed caregiver is obviously necessary.

Bone

CASE 72 A young man, 26 years, reported in **January 2009** with Stage 4 osteosarcoma - a Ewing's tumour, with metastases in the vertebrae, liver and spleen. It was explained that we would attempt to extend quality time but not to expect a cure.

Prescription

- ▶ *Hekla lava* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

After eight weeks he regained three pounds, his appetite and energy improved and he was relatively pain-free. Thus the prescription continued for the next eight weeks.

After the 16th week a lump developed at the surgical site - a recurrence.

Prescription

- ▶ *Hekla lava* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

These four months were peaceful, with no pain, and the lesion remained stable.

After the first eight months both the *Hekla lava* and *Carcinosin* were stepped up to 10M. These were taken uneventfully for the next four months. Then the problems started. An abscess formed at the lesion site, oozing pus.

Prescription

- ▶ *Strontium carbonicum* 200C Plussing odd numbered weeks
- ▶ *Carcinosin* 10M Plussing even numbered weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

The infection was dramatically controlled, pus stopped and pain lessened. At this point it is one year, four months since commencing homeopathy. The same prescription continued for another four months. At the two year mark a new lesion formed in the lung, which collapsed. He died within a week. His passing was peaceful and his family was grateful for the comfortable time the homeopathy gave him.

Breast

Late Stage Breast Cancer

CASE 73 In **January 2005**, a 45 year old woman presented with end stage (terminal) breast cancer. The lesion was hard, indurated with everted margins and secondaries in the liver. The open lesion was massively infected with thick foul smelling pus flowing constantly. She had a total collapse of the right lung with the left lung having only 25 % function.

Prescription

- ▶ *Carbo vegetabilis* 200C 3 Dry Doses AM & PM daily for 12 weeks
- ▶ *Silicea* 6X Dry Doses 4 times daily

After four weeks the breathing was less laboured, her colouring improved but the discharge from the lesion was unchanged. After the next eight weeks the improvement was not enough.

Prescription

- ▶ *Lapis albus* 200C Dry Doses AM & PM daily for 12 weeks
- ▶ *Silicea* 6X Dry Doses 4 times per day, daily

Now, six months since the homeopathy was started she was in good condition other than the breast lesion which still had not responded. Suddenly, one night she collapsed and could not be revived. The cause of the sudden collapse was never determined.

The *Carbo vegetabilis* was switched to *Lapis albas* which is known to have a profound effect on the lung parenchyma.

CASE 74 A 53 year old woman who was diagnosed in February 2002 with breast cancer reported for homeopathic treatment in **November 2007**. After the initial diagnosis she had a lumpectomy followed by chemotherapy and radiation. She appeared cancer-

free for two years when small metastatic deposits were found in her sacrum and vertebrae and a large lesion in the liver. Again she was treated with chemotherapy and radiation, responding well for another two years when a new lesion was found in her liver. Various chemotherapy drugs were tried with no response and she turned to homeopathy.

She was quite chilly and pre-menopausal.

Prescription

- ▶ *Chelidonium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Carduus marianus* 3X Dry Doses AM & PM daily

She appeared stable for these four months, then one day there was a sudden haematemesis. Endoscopy revealed large oesophageal varices which were treated at the hospital. Three days later there was another episode of haematemesis and she collapsed for the final time.

Colon/Rectal

Stage 3, Ascending Colon

CASE 75 In **March 2011**, a 78 year old man requested treatment for Stage 3, adenocarcinoma of the ascending colon. Surgery was not an option due to his age and lung condition. Pulmonary function was poor from history of tuberculosis ten years back. Other history included several bouts of haematemesis in the last ten years, possibly due to oesophageal varices from his alcohol-compromised liver. He was advised against chemotherapy. He had strong desires for meat, spices and alcohol though he claimed to have reduced his alcohol consumption. He was chilly and short tempered.

Prescription

- ▶ *Nux vomica* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Colocynthis* 30C Dry Doses AM & PM daily

A routine scan picked up metastases in the pancreas and spleen.

Prescription

- ▶ *Nux vomica* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Colocynthis* 30C Dry Doses AM & PM daily
- ▶ *Ceanothus americanus* 30C Dry Doses AM & PM daily with 30 minutes between this and the *Colocynthis*.

CT scan now showed the colon mass to be stable, metastases in the pancreas and spleen slightly reduced.

Prescription

- ▶ *Nux vomica* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

- ▶ *Colocynthis* 30C Dry Doses AM & PM daily
- ▶ *Ceanothus americanus* 30C Dry Doses AM & PM daily

After almost two years *Carcinosin* was raised to 10M. The *Colocynthis* was stopped. He continued to be stable in 2013 continuing the Plussing and visiting the clinic for observation.

The *Colocynthis* was given for intermittent, severe colic and constipation alternating with diarrhoea.

Infiltrating Adenocarcinoma of the Colon and Rectum

CASE 76 A man, 61 years, reported in **May 2010** with a recent diagnosis of infiltrating adenocarcinoma of the colon and rectum; colonic polyps with multiple liver lesions. He was flatulent

with severe anticipatory anxiety, fastidious with fondness for sweets and had a fear of heights and claustrophobia. The oncologist's plan was for four cycles of chemotherapy followed by surgery. He had completed the first two chemotherapy cycles when he came for homeopathic treatment.

Prescription

- ▶ *Argentum nitricum* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

During this time, the next two chemotherapy treatments were scheduled, and the oncologist decided two more would be needed before the surgery. After the Plussing medicines the patient had no more headache or stomach pain but there were a few drops of blood in the stool and a burning sensation in the anus. Blood counts, blood glucose and blood pressure became normal. Same prescription was extended for eight more weeks.

Bleeding from the polyps and lesions ceased, hemicolectomy surgery was performed. One month later the homeopathy resumed.

Prescription

- ▶ *Argentum nitricum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

After these 16 weeks the *Argentum nitricum* was raised to 10M and the *Carcinosin* to 1M. The Plussing at these potencies continued for another eight months. He did very well for the eight months then had a massive episode of melaena and haematemesis (blood in stool and vomit) with sudden collapse due to the liver lesions bringing about a total failure of the blood clotting mechanism.

Adenocarcinoma Rectum

CASE 77 A man, 53 years, presented in **March 2009** with adenocarcinoma of the rectum. He complained of altered bowel habits with rectal bleeding. Colonoscopy and biopsy showed adeno-

carcinoma 5 cm from anal margin. PET-CT scan showed a mass in the rectosigmoid with hepatic metastasis. Laparoscopy done under general anaesthesia showed growth in the pelvic brim, densely adherent to the bladder wall. A solitary lesion over the liver was inoperable. He was also hypertensive and diabetic.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 24 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 24 weeks
- ▶ *Chelidonium* 0 15 drops AM & PM daily

Scan showed the primary lesion stable/unchanged, neither better or worse. Liver lesions looked bigger and blood work was worse: Bilirubin 8; SGOT 235; SGPT 337.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks
- ▶ *Chelidonium* 0 15 drops 4 times daily
- ▶ *Cholesterinum* 3X Dry Doses AM & PM daily

In all this time on the Plussing, with the massive rectal lesion touching the bladder, there was no pain or bleeding. Only complaint was severe constipation for which a suppository was used.

A scan was not done at this time but all the parameters of liver function were slightly worse.

- ▶ *Conium* 1M Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 12 weeks
- ▶ *Chelidonium* 0 15 drops 4 times daily
- ▶ *Cholesterinum* 3X Dry Doses AM & PM daily
- ▶ *Natrum sulphuricum* 6X Dry Doses AM & PM daily

He then slipped into a hepatic coma and succumbed to the disease. He was very comfortable for the year of treatment needing no pain killers or additional surgery.

Natrum sulphuricum was added for additional support to the liver.

CASE
78

A 53 year old man reported in **January 2010** with well differentiated adenocarcinoma of the rectum. Recent complaints were weight loss, haematuria with burning (concern for blad-

der involvement), intermittent blood in stool with burning anal pain, much better with cold applications, burning in the tongue, mild pain in toes and overall chilliness. Serum creatinine 1.7.

Prescription

- ▶ *Aloe socotrina* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

In four weeks the blood in stool was less frequent.

Prescription

- ▶ *Aloe socotrina* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

CT scan shows rectal mass pressing on the bladder - fatty layer between is thinned out. He gained two pounds; blood in stool occurred about once per week.

Prescription

- ▶ *Aloe socotrina* 10M Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 20 weeks

All symptoms are now gone, he is totally comfortable with no bleeding from either rectum or bladder. CT scan shows the lesion unchanged, no progression or regression. He continues the same Plussing alternation with his condition holding stable in late 2013.

Leukaemia

Myelomonocytic Leukaemia

CASE
79

A man, 42 years, reported in **September 2008**, diagnosed three years earlier with myelomonocytic leukaemia, Stage 4. Over these years he had taken every kind of chemotherapy

possible with no sign of remission. Presently he has hepatomegaly and splenomegaly, severe enough that the doctors want to do a splenectomy but are hesitant about the benefit.

Prescription

- ▶ *Hekla lava* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Blood work was encouraging: Monocytes reduced to 22 from 32; Blast cells from 53 to 41; Platelets rose from 22,000 to 51,000.

Prescription

- ▶ *Hekla lava* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Blood work results showed indications of improvement rather than deterioration.

Prescription

- ▶ *Hekla lava* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Still the liver and spleen had not reduced in size, but in all the ten months he was much more comfortable. One morning he died of internal bleeding.

Liver

Hepatocellular Carcinoma

CASE 80 A man, 72 years, reported in **December 2010** with a recent diagnosis of hepatocellular carcinoma. Lesion in the right lobe with peritoneal metastasis. Pain was worse breathing,

sneezing, lying down and turning side to side. Fluid under the liver, perianal fissure with perirectal abscess. He was diabetic for some years, but only on insulin three times daily for past three months. History of gallstones, heart attacks, high cholesterol and blood pressure, weight loss and cervical spondylitis. He was dizzy with huge fondness for sweets, irritable and reclusive for all but work time in the office.

Prescription

- ▶ *Lycopodium* 200C Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 20 weeks
- ▶ *Kali carbonicum* 30C Dry Doses AM & PM daily (for pleuritic liver pain)

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Kali carbonicum* 30C Dry Doses AM & PM daily

At this point his right lung collapsed. He was put on oxygen, steroids and antibiotics - the Plussing stopped for eight weeks. Once he could resume the homeopathic prescription he was more pale, breathless and oedematous.

Prescription

- ▶ *Lycopodium* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Arsenicum album* 30C Dry Doses AM & PM daily

Scans were done and his condition was stable - no changes.

Same prescription continued another 16 weeks at which point he was switched to Split Doses.

Prescription

- ▶ *Lycopodium* 10M Split Dose once in two weeks in alternation
- ▶ *Carcinosin* 1M Split Dose once in two weeks in alternation

In 2014 he remains fairly comfortable on this same prescription.

Lung

Lung Cancer, Stage 4

CASE 81 A woman, 57 years, reported in **June 2009**, diagnosed with lung cancer, Stage 4 and metastatic adenocarcinoma patches in the liver. She had a moderately severe cough, dyspnoea, swelling of the right leg and stomatitis. The leg swelling was first noted three months earlier about a month after a cough. History of asthma since childhood, worse in dampness.

Prescription

- ▶ *Natrum sulphuricum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

She was stable.

Prescription

- ▶ *Natrum sulphuricum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

CT scan was much improved, nodules in the lung much reduced. Swollen leg now has black patches.

Prescription

- ▶ *Natrum sulphuricum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Her lung condition markedly improved but a right adnexal mass now seen on ovary with swelling of right foot. Possible malignant cyst in the brain now being watched.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Brain MRI after four months showed brain lesion completely resolved.

She continues Plussing and her condition is in all respects stable. The lung lesions are still present. She is mobile and active within her home, venturing out only for doctor appointments, in late 2013.

Primary Adenocarcinoma Lung, Stage 4

CASE
82

A 67 year old man reported in **December 2005**, with primary adenocarcinoma of the lung, Stage 4. Lesion involved the entire right lower lobe. Symptomatic complaints for the last two months are dyspnoea on slightest exertion with dry cough. He had metastases all over including the brain but nevertheless looked healthy and had no pain.

He was a smoker until one week ago; irritable; finicky about all relationships; desired sweets and had a family history of cancer.

Prescription

- ▶ *Lycopodium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

He was very comfortable, cough was minimal but dyspnoea only slightly improved. Still the dyspnoea was his main and only concern. He was eating and digesting well with energy to sit at his computer for an hour at a session.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Soon after these four months he had a massive seizure during sleep and was rushed to the hospital where he died of brain metastasis. His death was very peaceful and his quality of life for the last eight months was absolutely good but for the easy exhaustion.

Mouth

Squamous Cell Carcinoma Tongue

CASE 83 A man, 74, presented in **March 2011**, with squamous cell carcinoma of the tongue. This was a recurrence at the same site where the lesion had been removed in March 2010, fol-

lowed by 25 cycles of radiation. For the last two months he felt a thickening of the tongue with severe pain shooting on and off, for a few seconds each time.

Prescription

- ▶ *Aurum muriaticum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

The sharp, shooting, electric shock-like pain stopped within two weeks of starting the Plussing. At 12 weeks a small ulcer developed on the floor of his mouth. It became pus filled, looking like an abscess.

- ▶ *Silicea* 6X was added to the prescription, Dry Doses four times daily for 2 weeks.

The ulcer healed completely.

Prescription

- ▶ *Aurum muriaticum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Again, before this round of the prescription finished, a small lymph node in the submandibular region was seen.

- ▶ *Scrophularia nodosa* 30C was added, Dry Doses AM & PM daily.

This new gland looked bigger and harder.

Prescription

- ▶ *Scrophularia nodosa* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

The lymph gland continued to get larger but the patient was otherwise comfortable.

Prescription

- ▶ *Phytolacca* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 12 weeks

Now the gland was 50 % smaller.

Prescription

- ▶ *Phytolacca* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks

The gland reduced enough to be surgically removed which was done. Pathology was positive for malignancy.

He continues Plussing the *Phytolacca* 1M and *Carcinosin* 1M and continues to be stable now in late 2013.

Oral Cavity Cancer

CASE
84

A 66 year old man presented for homeopathic treatment in **May 2008**. He was a tobacco chewer for 30 years until diagnosed with oral cavity cancer in 1998. Flap reconstruction was performed twice followed by radiation. With the current recurrence he has metastases in the bones, including his back, with severe pain.

Prescription

- ▶ *Hekla lava* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Pain was only 10 % better, all else was the same.

Prescription

- ▶ *Strontium carbonicum* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Now he was 90 % pain-free with no other major issues. This alternation was continued for another 17 months when he died of cerebral embolism. *Strontium carbonicum* is indicated when there is infection in the bone.

Oesophagus

Oesophageal Cancer

CASE
85

A man, 59 years old, presented in **January 2006** with a recent diagnosis of oesophageal cancer. There was total obstruction 25 cm from the mouth; surgery and anastomosis were performed. Histopathology report showed Stage 4 with lymph node involvement and spread to thyroid. He was extremely weak.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Phytolacca* 12X Dry Doses AM & PM daily

He seemed a little better.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Phytolacca* 12X Dry Doses AM & PM daily

At the end of eight months the thyroid nodule was now 10 % of the starting size.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Phytolacca* 12X Dry Doses AM & PM daily

There were some stitching pains. A Chest X-ray showed signs of pleurisy so an additional prescription was made:

- ▶ *Kali carbonicum* 30C Dry Doses AM & PM daily for one month only

After one full year of Plussing a full body scan came out clean.

Prescription

- ▶ *Conium* 1M Split Doses alternate weeks
- ▶ *Carcinosin* 1M Split Doses alternate weeks to *Conium*

He lived very comfortably for six years thereafter, dying in 2013 of massive pericarditis.

Phytolacca was added to handle the thyroid which was spongy and rubbery. In Stage 4 there is usually not an option for surgery but in this case, surgery followed by homeopathy, forgoing chemotherapy and radiation worked in his favour.

CASE 86

A 71 year old man reported in **January 2011** with oesophageal cancer. Date of original diagnosis is not known, but he underwent surgery in October 2010, which was followed by chemotherapy and radiation. Within two months he had metastases in three different locations including the brain. For this he underwent a CyberKnife procedure.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

At this point he went into a coma and the hospital gave up on treatment. In desperation the prescription became *Arsenicum album* 30C mixed into a cup of water. One teaspoon of this was given every five minutes for ten doses, then a break of two hours and repeated. He regained consciousness as well as his cognitive faculties and was discharged in three days.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

Toward the end of the eight weeks he suffered a stroke from which he did not recover.

This case represents another example of a patient living an additional six months from the medical expectation. He was alert, comfortable and the ending of his life was mercifully brief.

Adenocarcinoma oesophagus

CASE 87 A man, 65 years, reported in **August 2005** with adenocarcinoma of the oesophagus, Stage 4, with metastases to the lungs and vertebrae. He already completed the chemotherapy and radiation. Presently the breathing symptoms were the most bothersome.

Prescription

- ▶ *Kali carbonicum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Symphytum* 6C Dry Doses AM & PM daily

Almost immediately his sleep improved and now he could sleep straight through the night. Before this he was waking at 3 AM, with breathing difficulty and stitching pain in the sides of his chest and spine.

Chest scan showed the lungs unchanged from the initial presentation.

Prescription

- ▶ *Kali carbonicum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Symphytum* 6C Dry Doses AM & PM daily

At this point he was feeling so much improved that he did not return for nearly a year. He took this break from treatment on his own which resulted in the spread of secondaries. Now both lungs and nearly every bone from head to foot was involved.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks
- ▶ *Carcinosin* 10M Plussing even numbered weeks
- ▶ *Symphytum* 30C Dry Doses AM & PM daily

Sadly, at this point he lived only another three weeks.

Ovary

Adenocarcinoma Ovary with Malignant Epithelial Tumour

CASE 88 A 43 year old woman presented in **January 2009**, diagnosed with adenocarcinoma of the ovary with a malignant epithelial tumour. Unusual, giant tumour cells are seen. For the six months before diagnosis she had intolerable pain. Since puberty her menses were profuse, with large clots, painful until recently. Prognosis was for her to live only 2-3 weeks.

Prescription

- ▶ *Viburnum prunifblium* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

In four weeks she was slightly improved, maybe 5 %. Once the eight weeks were complete her pain was considerably less, urination and bowel movements were good. Sleep was good and eating was easier.

Prescription

- ▶ *Viburnum prunifolium* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

One day she was rushed to the hospital with bloody, painful urination. They put her on antibiotics which did not help.

Prescription

- ▶ *Terebinthina oleum* 30C, one dose in a cup of water sipped ten times through the day. (Spread throughout the full day, not in the narrow window of time for the Plussing Doses.) This was done on and off

for a few days; the situation came under control and the Plussing resumed.

Prescription

- ▶ *Viburnum prunifolium* 200C Plussing odd numbered weeks for 20 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 20 weeks

It was time for a change in remedy without raising the potency.

Prescription

- ▶ *Terebinthina oleum* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

She was very comfortable for these three months. Then she had acute retention of urine, hydronephrosis, urea and creatinine shot up, “went through the roof,” she went into a coma and passed away.

This case is a prime example of someone able to feel better, for much longer than anticipated, and finally have a peaceful end to their life using the Plussing method.

Pancrea

Malignant Tumour at the Head of the Pancreas

CASE 89 A male diagnosed with a malignant tumour at the head of the pancreas reported with severe vomiting of blackish coffee ground-like matter and severe abdominal pain. Total serum bilirubin 28 mg; SGOT 180; SGPT 155; RP. blood sugar 240 mg. Surgery removed only % of the mass, the remaining third was left.

Prescription

- ▶ *Cadmium sulphuratum* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

The patient was increasingly more comfortable and the vomiting lessened but he became increasingly anxious and chilly.

Prescription

- ▶ *Arsenicum album* 200C Plussing odd numbered weeks 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks 8 weeks

Within eight weeks there was rapid deterioration and the patient collapsed and died. Although this man did not live long after diagnosis, (about five months) he was more comfortable and vomited less so his overall suffering was reduced.

Pancreatic Cancer

CASE 90 A woman, 81 years, reported for treatment of pancreatic cancer in **January 2011**. Original diagnosis was one year before as Stage 3B. There were metastases in her spine. She lost

35 pounds in one year, abdominal pain was intermittent but the bone pain in her lumbar region was unbearable in spurts. Chemotherapy was tried initially but didn't agree with her so pain management was the only treatment attempted due to her age.

Prescription

- ▶ *Ceanothus americanus* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Symphytum* 6C Dry Doses AM & PM daily

Her bone pains were significantly improved; abdominal pain occurred less often and was less severe; her appetite and ability to eat improved and she gained a few pounds.

Prescription

- ▶ *Ceanothus americanus* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Symphytum* 6C Dry Doses AM & PM daily

A skeletal scan showed her condition to be stable, the hot spots were less severe.

Prescription

- ▶ *Ceanothus americanus* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Symphytum* 6C Dry Doses AM & PM daily

After one year of Plussing, reporting for follow-up regularly, she was switched to Split Doses, the same remedies alternating weekly. Now after 2 1/2 years she remains stable though all the lesions in the pancreas and bones are still there.

Symphytum was additional to the Plussing remedies to address the painful secondaries in the bones.

Prostate

Recurrent Metastatic Prostate Cancer, Stage 4

CASE 91 A man aged 61 reported in **February 2008** with recurrent metastatic prostate cancer, Stage 4. Original diagnosis and surgery two years earlier. Extensive bone metastases in spine and thorax. PSA was rising slowly from 2.01 to 2.16 ng/mL. He was impatient and had pain all over his body, particularly over the ribs.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 24 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 24 weeks
- ▶ *Symphytum* 6C Dry Doses 4 times daily

After 12 weeks pains are much better, about 75%. PSA 2.18 ng/ml, seemed a slower rise. Patient was happy so the prescription was not changed.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Symphytum* 12C Dry Doses 4 times daily

Symptomatically he is still doing well and clinically comfortable. PSA 2.24ng/ml, bone metastases unchanged. He continued the Plussing for a total of two years.

Prescription

- ▶ *Conium* 10M Split Dose alternate weeks
- ▶ *Carcinosin* 10M Split Dose alternate weeks
- ▶ *Symphytum* 12C Dry Doses 4 times daily

Presently he has completed five years of treatment, lesions are all the same, stable and he remains symptom-free.

Prostate Cancer, Stage 4

CASE 92 A 61 year old man came for help with his Stage 4 prostate cancer in **June 2011**. The cancer was Stage 4 when diagnosed approximately one year earlier. Treatment was chemotherapy and radiation. The metastases discovered within six months of these treatments was to the brain, left lung, liver and spine. Pain is very strong in upper ribs and spine. Since the radiation he has weakness in hand and leg muscles, and can no longer move his bowels unaided. Even his eyelids feel too heavy to hold open. Narcotics help control the pain. Strong family history of cancer.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

Pain is the same, no relief at all so prescription was changed:

- ▶ *Plumbum iodatum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

At the end of eight weeks he was much more comfortable, had less pain, sleep improved as did appetite. Bowel movements much easier and more strength in his legs for standing and walking. After the second eight weeks of this prescription he continued the same, no further improvement or deterioration.

The same Plussing continued, he was in relative comfort for six more weeks when he passed away peacefully.

In a less severe situation the potency of the *Plumbum iodatum* (which was chosen to address the brain lesions) would have been raised after the 16 weeks. With the extensive tissue damage and his relative comfort it should not have been done this case.

Papillary Carcinoma Prostate, Stage 4

CASE 93

A 55 year old man reported in **February 2008**, diagnosed one year before with papillary carcinoma prostate, Stage 4. There were metastases in the liver; para-aortic nodes; femur,

lumbar vertebrae and skull. Symptoms began with painless haematuria and enlarged, stony hard prostate. Excision performed November 2007 to be followed by chemotherapy and radiation. Oncologists didn't offer much hope so he decided to try homeopathy instead.

Prescription

- ▶ *Conium* 200C Plussing odd numbered weeks for 20 weeks
- ▶ *Scirrhinum* 200C Plussing even numbered weeks for 20 weeks

CT scan showed a dramatic response. Liver deposits 50% less, lymph nodes smaller and most significantly, no new lesions.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 20 weeks
- ▶ *Scirrhinum* 200C Plussing even numbered weeks for 20 weeks

Patient appeared to be doing well but he refused another scan for confirmation.

Prescription

- ▶ *Conium* 1M Plussing odd numbered weeks for 12 weeks
- ▶ *Scirrhinum* 1M Plussing even numbered weeks for 12 weeks

After nearly one year of Plussing he went into severe respiratory distress, an active lesion was seen on the lung which lead to pericardial effusion. He died of cardiac arrest. The end of his life was peaceful and he was comfortable for the total time on homeopathic treatment.

Rectum (see Colon)

Stomach

Stomach Cancer, Adenocarcinoma, Stage 4

CASE
94 Male 37 years, extremely weak and emaciated, with continuous vomiting of blackish, foul smelling matter came for homeopathic treatment in **January 1995**. This current complaint followed extensive surgery 6 months earlier for stomach cancer, adenocarcinoma Stage 4. His stomach, duodenum, nine inches of small intestine, 3/4 of the pancreas, spleen, omentum, and 32 glands were surgically removed. This was followed by chemotherapy.

Prescription

- ▶ *Cadmium sulphuratum* 200C Plussing Doses odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing Doses even numbered weeks for 8 weeks

The vomiting stopped during the first two weeks and after four weeks he was still weak but comfortable. In the second month he was no longer in pain, his abdomen felt soft and normal and he could eat frequent small amounts and even gained one pound.

Blood tests showed the tumour marker rising - the oncologist wanted to start a new chemotherapy regimen but the patient refused, choosing to use homeopathy alone. He continued the same Plussing alternation for another month, feeling slightly better, seemingly stable. In the fourth month he complained of burning, abdominal pains.

Prescription

- ▶ *Arsenicum album* 200C Plussing Doses odd numbered weeks
- ▶ *Carcinosin* 200C Plussing Doses even numbered weeks

After a month the symptoms were unchanged so *Cadmium sulphuratum* was returned to in the 1M potency and he once again became more comfortable. He took this remedy alone for about three months, start-

ing a new bottle each week. During the 9th month of treatment he began vomiting, this time blackish material. He died within a week.

The *Cadmium sulphuratum* was prescribed for palliation alone and kept him fairly comfortable for the eight months.

CASE 95 A man, 52 years, diagnosed with Stage 4 adenocarcinoma of the stomach, reported in **November 1980** for homeopathic treatment after rejecting any options for Western treatments.

Throughout his life he had been fearful and impulsive, craving sweets and salt, but aggravated by sugar. He always had digestive issues (burning, gnawings and swellings) that were helped by strong pressure on the stomach and fresh cold air.

His current symptoms were extreme weakness, constant nausea and inability to consume any solids. Endoscopy showed a lemon sized mass in the higher fundus of the stomach nearly blocking the cardiac orifice. Ulcerations were strewn over the entire mucous membrane. Biopsy was positive for adenocarcinoma; CT scan showed spleen and liver also involved.

Prescription

- ▶ *Argentum nitricum* 200C Split Dose weekly for 6 weeks
- ▶ *Omithogalum* Ø, 10 drops in a little water sipped several times daily, as needed.

He felt a little better then plateaued so *Argentum nitricum* 1M was given in a Split Dose for the next three weeks. Again slow progress, before another plateau. *Argentum nitricum* 10M was given for the next 4 weeks, *Omithogalum* Ø still sipped in water as necessary. Another small improvement then again another plateau.

He remained stable at this level and continued with the Split Doses of *Argentum nitricum* 10M until his death nine months later.

Here we see a good result when the patient's constitutional prescription is also an organ-specific for the type of cancer involved, in this case, stomach cancer. In this advanced situation it was necessary to raise the potency often as each lower potency ceased to be effective. The *Omithogalum* is often very soothing, thus it is used alongside the cancer treatment.

Stomach Cancer, Stage 4

CASE
96

In **September 2009** a man, 37 years, presented with stomach cancer, Stage 4. He had secondaries in the liver, his abdomen was tight and chemotherapy had not helped. He was discharged from the hospital and told he might live another week to ten days.

Prescription

- ▶ *Hydrastis* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks 12 weeks

His appetite was better, as was his digestion and he was less nauseous. He even gained a few pounds.

Prescription

- ▶ *Hydrastis* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks 16 weeks

Suddenly he deteriorated quickly and he succumbed to a massive haemorrhage in the stomach.

Most significant in this case is that he lived comfortably for seven months after being told he might only last a week.

Uterus

Uterine Cancer with Secondaries in the Lung

CASE
97

In **November 2007**, a 57 year old woman presented for treatment of uterine cancer with secondaries in the lung. Nine months before she complained of shortness of breath which quickly worsened. Chest X-ray showed pleural effusion in the lungs. Surgery removed the liquid and a powder was applied to prevent it recurring. Next she underwent chemotherapy, then a total hysterectomy, followed by more chemotherapy, then radiation.

History of diabetes and high blood pressure for at least 15 years. Laminectomy in 2001 for L3 and L4 vertebrae. For two years she complained of slight fever, chill in the stomach, a white vaginal discharge and was fearful but nothing was diagnosed.

After these treatments breathlessness developed again - a lesion was seen in the right lung. She had severe dyspnoea; cough on slightest attempt to speak, stitching pain in the right chest and a lifelong fondness for sweets.

Prescription

- ▶ *Lycopodium* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

Cough and breathlessness slightly improved.

Prescription

- ▶ *Lycopodium* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks
- ▶ *Kali carbonicum* 30C Dry dose every morning

Prescription

- ▶ *Lycopodium* 10M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks
- ▶ *Kali carbonicum* 30C Dry dose every morning

CT scan showed the lung lesion stable, no better or worse.

The same prescription continued for another year with the next CT scan exactly the same, lung lesions quiet with no metastasis.

She continues to be stable in 2013, lung lesion is present but not causing symptoms. Her activity and energy levels are reasonable though not fully what they were before the diagnosis.

Kali carbonicum was added to address the right-sided stitching pains.

Metastatic Ovarian Cancer

CASE 98 A 57 year old woman reported in **March 2009** with a history of cancer. There was a mass in the bifurcation of her aorta pressing on the ureter so a stent was installed to allow urine flow. Urea and creatinine were elevated and she wanted to start chemotherapy again.

First diagnosis in 2006 was ovarian cancer which responded well to surgery and chemotherapy. For two years her cancer antigen (CA) 125 test and scans were normal but in 2008 there were secondaries and chemotherapy was given again.

Prescription

- ▶ *Aurum muriaticum natronatum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

Urea and creatinine became normal; haemoglobin 8.6 gm/dl, pain while swallowing; she was very tired, had difficult bowel movements with blood in the stool and burning in the abdomen.

Prescription

- ▶ *Natrum sulphuricum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 16 weeks

All symptoms abated. CA 125 level still elevated at 42.8 but steady since commencement of Plussing. She feels well.

Prescription

- ▶ *Aurum muriaticum natronatum* 1M Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

MRI shows spread to para-aortic nodes; deep vein thrombosis in the left leg with serious pain and swelling.

Prescription

- ▶ *Secale cornutum* 200C Plussing odd numbered weeks for 16 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 16 weeks

Leg pain and swelling greatly improved. During this time metastases invaded both kidneys, she went into renal failure and collapsed.

During her last year, under homeopathic treatment, she led a completely normal life. Against all advice she went on pilgrimages, eating and drinking whatever was offered, living to her heart's content. She was extremely grateful for the role of this treatment.

Endometrial Cancer

CASE 99 A 46 year old woman came for treatment of endometrial cancer, Stage 4 in **December 2010**. She received the diagnosis in June 2010 by PET-CT scan showing a primary neoplastic le-

sion in the endometrium. Metallic stent was installed in the distal common bile duct followed by chemotherapy and radiation. Both treatments did not agree with her, and were abandoned partway through the prescribed term, which is when she turned to homeopathy.

Prescription

- ▶ *Aurum muriaticum natronatum* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks

Her bloated abdomen felt better, pain level improved but nausea and loss of appetite persisted.

Prescription

- ▶ *Aurum muriaticum natronatum* 200C Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 8 weeks
- ▶ *Chelidonium* Ø 15 drops AM & PM daily

Toward the end of the second eight weeks she developed acute abdominal pain and was rushed to the hospital. Scans showed a large pancreatic mass.

Prescription

- ▶ *Ceanothus americanus* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks
- ▶ *Chelidonium* Ø 15 drops AM & PM daily

She was reasonably comfortable so the potency of both remedies was raised to 1M, continuing the same alternation. She became more comfortable, gained a little weight due to her improved appetite.

After nine months of Plussing she developed severe diarrhoea and vomiting. *Arsenicum album* 30C, sipped from a cup of water did not give relief, so she was again hospitalised where she collapsed and died.

Part 3

Gentling the End of Life

At a certain point it becomes clear that cure is no longer possible. Often this is when there is yet another recurrence of disease that was already late stage.

Sometimes it is when world class cancer hospitals send the patient home after the maximum number of chemotherapy treatments, radiation and surgery have been done.

Other times the patient has decided the treatments are too difficult to endure again. At this very latest of stages we look at all cancers as the same, no longer considering the initial diagnosis in selecting the remedies.

At this point, homeopathy can still help, even if it is not possible to cure or stabilise the disease.

Remedies that address the major complaints can provide some relief.

Often the symptoms subside. At other times the remedies allow smaller doses of allopathic medicines and narcotics so patients remain aware, comfortable and possibly less constipated. If they are able to be maintained in this manner for a couple of months then homeopathy will usually gentle the end of life.

Many families find this an incredible gift, having their loved one an alert participant until he or she fades away, often sleeping into the end of life.

In these next cases the remedies given are not specified. There is no “recipe.” A qualified practitioner or caregiver must give the remedy needed at the time, changing as the situation demands. The lower potencies often show a quicker reaction, but first use the potency available, and next choose different potencies for each change of remedy when possible. Now the remedies may be taken in Dry Doses or mixed in a cup of water and sipped. If the patient is no longer able to swallow, or is mostly asleep, a few dry pellets or drops can be placed between the gums and teeth (by pulling out the lip).

Often the remedy will need to be repeated every 10-30 minutes until there is relief. If no benefit is seen after a few hours the prescription should be changed.

Spindle Cell Carcinoma

CASE 100 Female, 23 years, with spindle cell carcinoma in the cheeks and throat, Stage 4, following “cure” from an unspecified childhood cancer. When first seen she had multiple large visible tumours on her neck. A tracheotomy and feeding tube were installed and she was still receiving chemotherapy. She could only whisper a few words, was tall and thin, nearly emaciated yet friendly and hopeful. She loved fresh air and being outdoors.

She took Plussing Doses for two weeks, followed by a week of chemotherapy, then two more weeks of Plussing.

After the four weeks of Plussing Doses, rather than have her mother make the actual call, she telephoned us herself with a strong voice, saying the neck tumours were “tiny,” she was eating solid food, feeling great and no longer scared. She reported being hungry and that food tasted good! She was still limited to certain textures and most liquids still came out from her nose. She was now looking into healthy diets and planned to go to a place where such food preparation is taught.

The Plussing continued (with another prescription) another five weeks with the middle week off for the chemotherapy. A few days later she reports pain in the jaw with more swelling. Pain in the left eye that extends from temple to jaw, deeper into cheek. Swelling and stiffness are intermittent, with extra strength acetaminophen the only thing she takes for pain. Despite the pain, the swallowing continues to improve, so she can get liquids down without choking, if she holds her chin in the right position. Her biggest complaint is stiffness in the jaw followed by tiredness. When the pain is greater she “feels like I’m sliding.” She gets very tired after good and busy days which she is frequently able to have and wants to be energetic always.

Ten weeks from the first consult, chemotherapy is changed, then abandoned. Pain is worse, blood work worse and transfusion given.

Nevertheless neck tumours are changeable, but the tumour in the back of the throat by the uvula is worse, hanging down rough and yellowish. Tongue enlarged. Still opening mouth and eating—regained 2-3 pounds. Now there is a great amount of sticky white mucus that sticks between the tongue and the roof of the mouth. She thinks it is coming from her throat. She coughs till she vomits to get it out but says the remedy helps clear the mucus.

A fever of 104 develops, she is put on antibiotics. Pain has shifted from jaw to ear and forces her to bore her finger in. She must use a narcotic patch for pain now.

Ear pain better from rubbing and touch. She is hospitalised for cellulitis and given IV antibiotics for streptococcus infection. She is tired and lethargic from the narcotic pain relief drugs given in the hospital as well as frightened and anxious. She is still fighting and planning her garden for the spring.

The Plussing is abandoned in favour of Split Doses and the infection abates enough for her to be sent home from the hospital.

A few days later she passed away, peacefully, surrounded by her friends.

Lung Cancer

CASE
10

An 88 year old man with lung cancer who was the most responsible caretaker of his family, always providing for them, never allowing any pleasures for himself, just worked continually at keeping the home thriving. Even when diagnosed with a terminal disease he was anxious and uneasy as he progressively was less able to do things for the others. The family was completely shocked when a few days after he began taking a homeopathic remedy he went and bought himself a Walkman (before iPods), then spent hours each day sitting on the porch listening to classical music. He spent the majority of his remaining days quietly enjoying his music and observing the passersby as he faded away.

Squamous Cell Carcinoma Head and Neck

CASE 102

A woman, early 80s, enthusiastically embraced every possible Western intervention: surgery, radiation, chemotherapy, more radiation, “palliative chemotherapy,” rally-

ing after each and resuming as much of her lifestyle as possible until at last the chemotherapy made her too sick to continue. She was not a compliant homeopathic patient during the Western treatments, feeling they took up too much of the time she could otherwise devote to her activities. Once the Western treatments were given up she agreed to try the homeopathy again. At this time it was explained to the family that we could only hope to help the transition from this life. This is the daughter’s comment:

“My mom died a few nights ago around 3:00 in the morning. It was the most gentle peaceful death that could possibly be imagined. We had started hearing these rattles in her chest a few days earlier and didn’t have a very good feeling. She had been just so engaged in life, you know, right up to the end. Anyway we’d just gotten her on hospice service the day before. She was literally on hospice for one day and a little dose of morphine was useful with the breathing and she said to me, ‘Please call the kids so that they’ll get a chance to see me.’ She drifted off to sleep at around mid-afternoon. The family arrived that evening, and even though she knew they were coming she never woke up again. So thank you so much for all of your help; all along the way it’s as you said, the homeopathy helped for sure. You told me that’s the way it was going to be and it was. I’m so grateful, that’s my message.”

Most Frequently Used Remedies

The frequently used remedies for treating cancer fall into three categories: the cancer nosodes, cancer-specifics and organ-specifics. The daunting task of prescribing is eased by choosing from these remedies of known efficacy. The following remedies are all prepared as directed by the Homeopathic Pharmacopoeia of the United States (labelled HPUS). They are legal, FDA approved and available over the counter or at the discretion of the pharmacies. The content of each is derived mainly from plant, animal or mineral substances and can include diseased tissue or imponderables such as X-ray. The rules and availability might differ in other countries.

The materia medica (specific information about each remedy) that follows, emphasises the more specific “cancer remedies” over the more well known remedies, called polychrests. Often polychrests are employed when treating cancer but their keynote symptoms are commonly known and it is unnecessary to repeat them here.

Cancer Nosodes

The nosodes are considered deeper acting than organ or cancer-specifics alone. They are known to affect inherited susceptibility or predisposition to certain diseases. In almost all cancer cases one of the following two is prescribed though experienced homeopaths may infrequently specify one of the others.

The most frequently used remedy, *Carcinosin*, is prepared from breast tumour tissue, and sometimes, depending on the pharmacy, with cells from some other types of cancer, (such as lung). This standard preparation is used for all situations. It is not advised to use the specific

Carcinosin made from the diagnosed type of cancer. All the preparations seem to work and may be substituted in unusual circumstances where the standard preparation is unavailable. Recently some *Carcinosin* preparations have become available with many different cancers included (over 100!). **These must be avoided.**

Carcinosin, the most frequently prescribed remedy used in treating cancer, was first known to be used by two British doctors, J Compton Burnett and John Henry Clarke. Then Dr Donald Foubister continued the work with cancer, primarily treating children. Their work inspired the recognition of the extraordinary healing powers of this remedy. It is the default nosode when another is not specifically indicated and preferred when there is a family history of cancer.

Scirrhinum, the second most frequently prescribed nosode is prepared from cancerous liver tissue. Dr Margery Blackie (one of my teachers) established the efficacy of this remedy when the affected part (gland, tumour, or lump) is stony hard. Cancers of the breast, lungs, liver, rectum, and prostate frequently display this hardness. It can also be indicated for cancers in the uterus or leukaemia as well.

Additionally *Scirrhinum* is often chosen over *Carcinosin* if the patient shows many *Phosphorus* (constitutional) symptoms but the organ remedy is not *Phosphorus*.

The homeopathic practitioner may switch to *Scirrhinum* if the patient is not responding sufficiently well to *Carcinosin*. If the lesion, or affected organ becomes hard, or the liver becomes involved, the switch must also be considered. One can also switch to *Carcinosin* when *Scirrhinum* is not working sufficiently well. It is never permissible to alternate back and forth between the nosodes.

These two versatile cancer remedies are prescribed only in the “even” numbered weeks or months of the Plussing protocol. The selected nosode is always alternated with an organ-specific or constitutional remedy to combat existing cancer, to prevent recurrence or for palliation in situations that are beyond cure. The nosodes are frequently used without alternation for prevention of cancer when there is a known family history of the disease but before any diagnosis.

The Cancer-Specifics

Additional remedies that are frequently used in many cancer cases are *Conium*, *Thuja*, *Arsenicum album*, *Aurum arsenicum* and *Sanguinaria*.

Conium, like *Scirrhinum*, is also indicated for *stony hard* tumours or glands and has proven to be of inestimable value in cancers of the *oesophagus*, *breast*, *stomach*, *liver*, *prostate*, *spinal chord* and *brain* as well as the *mediastinum*, *peritoneum* or *omentum* even if no hardness is involved. Though hardness is a typical indicator for selecting *Conium* it cannot be the only reason for the choice. It is also of great use in any cancer that is extremely aggressive. Recently *Hydrastis* is also being used more in these extremely aggressive situations.

Thuja usually displays a variety of fungoid and skin growths (including warts, moles, skin tags, cauliflower excrescences...), so has proven beneficial in cancerous growths, particularly those of the *stomach*, *colon*, *rectum*, *bladder*, *ovaries* and *uterus*.

Arsenicum album is one of the premier remedies for treating cancer. The importance of this remedy is indicated in Boericke's *Repertory and Materia Medica*, where it is stated that *Arsenicum album* "maintains the system under the stress of malignancy regardless of location." It is the only remedy in the materia medica which is a polychrest, profound constitutional, as well as an acute remedy. Apart from its healing properties during the earlier stages, the majority of advanced cancer cases under systematic homeopathic treatment will, at some point, require *Arsenicum album* for relief of pain or discomfort, especially during the terminal stage.

Aurum arsenicum is primarily known for its utility in treating cardiac conditions. In cancer it covers frequently seen symptoms of rheumatic affections and joint swelling, oedema with vascular fullness, pain all over the body, specifically back of the head, worse from cold drafts, retrosternal pain and hardened and enlarged liver. Most often some of the common mental symptoms of depression, irritability, self-reproach will be seen with desire for open air.

Sanguinaria is one of the great under-prescribed remedies. Its value is great in various bleeding conditions which it helps control, most often seen in cancer of the rectum and colon. It can relieve aches and pains anywhere, regardless of side, acting like an anti-inflammatory. It also helps with digestive problems, dyspepsia, flatulence and severe vomiting.

The Organ-Specifics

Clinical experience and the homeopathic provings teach us that certain homeopathic remedies have a strong affinity with some particular organ or primary cancer site. These have been successfully employed in their “specific” roles. Additionally included are some useful remedies that are not quite specific to particular organs along with those most known for palliation at the end of life. These “organ-specifics” follow alphabetically.

Provings are the method of ascertaining the curative properties of most homeopathic remedies. Small doses of a medicinal substance are taken by a healthy person whose symptoms and reactions are then recorded.

Aconitum for anything acute and severe of recent origin: pain, fever, vomiting, headache, fresh red blood, trauma or shock. One of a small group of remedies for either a state of fear or symptoms arising out of fear along with *Opium*, *Phosphorus* and *Veratrum album*.

Aethusa cynapium often used for conditions involving the brain with the distinctive indications of aversion to and aggravation from milk, unconsciousness after a seizure with eyes rolling down which is particularly unusual. There can also be headaches and poor memory.

Aloe socotrina for cancer of the colon and rectum. Indicative symptoms are: bleeding from rectum and/or blood in stool; stool jelly-like or mixed with mucus, possibly bloodstained; cutting or burning pains. Heavy pressure and bloated feeling in the abdomen, cramps—often

from flatus; but patient is uncertain whether flatus or stool will pass. Frequent bowel movements, cannot always reach the toilet in time; haemorrhoids of which the burning is better from the splashing of cold water, worse from hot. Worse in early morning, from heat; better from cool air.

Apis, swelling and oedema, particularly of the extremities, often in late stage disease, bright red discolouration, thirstlessness.

Apocynum, ascites, oedema, retained fluids, pleural effusion, suppressed urination.

Argentum nitricum, extreme fondness for sweets brings this remedy to mind but must include additional symptoms for it to be useful. Anticipatory anxiety, often before oncology appointments or tests as well as cancers of the oesophagus, larynx, lung and vocal cords.

Arsenicum bromatum for skin cancer, generally used for squamous and basal cell carcinomas, melanomas, radiation effects on the skin, and when there are symptoms of intense redness or burning, ulceration, but without infection.

Arsenicum iodatum for skin lesions that are infected, resulting in sloughing, necrosis at or around the site of the tumour—also when the skin infection has become systemic, with alteration in total white blood count, differential count, and erythrocyte sedimentation rate (ESR). Additionally, *Arsenicum iodatum* can be prescribed in conjunction with other cancer remedies for infections of the urinary tract, for abscesses, a badly infected lung, etc. In these cases, the preferred potency is 6X given several times a day for several weeks. It is a fantastic antiseptic to deal with infection when used in the low potencies for treating septicaemia, necrosis and gangrene.

Aurum muriaticum is most often preferred for cancer of the oral cavity, primarily cancerous ulcers in the inner aspect of the cheeks or on the tongue and palate. Ulcers have everted edges, an indurated base, with submandibular/cervical adenitis; there also may be excessive sali

vation and a foul odour. This remedy has also proven useful in some women who have suffered sexual abuse.

Aurum muriaticum natronatum for cancer of the uterus, ovaries, and cervix. Principal symptoms are ulcerations and induration. Uterine tumours, both benign fibroids and malignant tumours, as well as indurations of the ovaries. The uterine tumours can be so large as to fill the whole pelvic cavity, hindering the function of bladder and intestines. There can also be prolapse, leucorrhoea, ovarian dropsy, and ossified uterus.

Additionally, *Aurum* and its salts play a role in the treatment of various malignancies: bones (*Aur*, *Aur-ar*, *Aur-i*, *Aur-m-n*); nasal passages (*Aur*, *Aur-m*); throat (*Aur*); testicular cancer (*Aur*), skin (*Aur*, *Aur-ar*), cancerous ulcers (*Aur*, *Aur-m-n*, *Aur-s*;) and bladder carcinoma (*Aur-ar*).

Baryta iodata for ailments of glands, lymph and endocrine systems. Both *Baryta* and *Iodium* have an affinity with these areas making this remedy of great use. Induration of glands, especially tonsils and breasts (withered). Throat cancer, pharynx. Pancreatic cancer (a major remedy, along with *Hydrastis*, *Ceanothus americanus*, and *Cadmium sulphuratum*) Brain tumours, astrocytoma, angioma, and glioma.

Bellis perennis is an excellent remedy for lesions in the brain as well as lesions from traumatic head injury. It is invaluable pre- and postsurgery speeding healing and reducing pain. Before surgery it works to calm the patient and reduce panic. Before and after surgery it is frequently used in conjunction with *Arnica*.

Ceanothus americanus for cancer of the spleen and pancreas. Prominent symptoms are spleen enlargement and pain that is worse when lying on the left side, or from motion. The use of this remedy has cured many cases of pancreatic cysts, pancreatic calculi and pancreatic cancer which is one of the toughest of all cancers to cure.

Chelidonium for liver and gallbladder cancer - both primary and secondary deposits. Pain worse when lying on the right side. Nausea, with or without vomiting, better by eating small amounts of food or from

hot water; highly coloured urine and clay-coloured stool. This remedy can be taken in tincture form as a general tonic for liver support, or in Plussing Doses where there is an actual lesion.

Crotalus horridus (see *Lachesis*').

Euphorbium officinarum for afflictions of the skin and bones including sarcomas, basal cell carcinomas, gangrene and erysipelas. Indications are burning pains better by cold (unlike *Arsenicum album*) as well as bone pain better from movement and cold (unlike *Rhus toxicodendron*).

Hekla lava for bone and blood cancers. *Hekla lava* is the principal remedy for cancers (both primary and secondary) of the bones: sarcomas, osteoclastomas, myelomas, Ewing's sarcomas, and of other bony growths. It is also invaluable in both acute and chronic myelogenous leukaemias. The practitioner often must consider *Symphytum* here as well.

Hippozaeninum, a "new" remedy useful for many symptoms of infection particularly the cancers of late stage AIDS.

Hydrastis for cancer of the stomach, pancreas, and upper intestinal tract. The remedy is also employed for cancerous affections of the mesenteric glands and the mucous membranes in general, including lungs and oesophagus. In the last several years we increased prescribing of this remedy using it more for any abdominal cancer. The results (not only for this remedy) are much better when used in cancers above the diaphragm than below. The characteristics of this remedy include yellow, thick, ropy secretions, distended abdomen, profuse perspiration, extreme weakness, and intense pain.

Iodium is invaluable for treatment of thyroid nodules and malignancies. Typically patients look emaciated though they eat massive amounts while being deceptively thin (hyperthyroid). Patients are typically hot.

Kali Salts all have morning aggravations, debility and weakness and are taken here as a group. In terminal stages cancer pains respond to *Kali carbonicum* or *Kali bichromicum*, mental irritability to *Kali carbonicum* and *Kali iodatum*.

Lachesis and **Crotalus horridus** for cancer of the uterus, ovary, and cervix. Mentally the patient is more loquacious, aggressive and demanding, with a heightened imagination. These remedies also have a strong affinity with the throat area and the blood. For cancers in these regions, particularly when blood symptoms are included the snake remedies are particularly useful.

Lapis albus for cancer of lung and breast. There can be burning and stinging pains in the mammary region, and affections of connective tissue around the glands.

Lycopodium for lung cancer. Typically this remedy is indicated when the patient shows the constitutional picture, though it is often indicated for both primary and secondary deposits in the lungs, in cancers of the liver, colon and prostate. The symptoms tend to be right-sided (this is not a requirement for using this remedy), frequently there is a late afternoon or early evening aggravation (4 to 8 PM) and fondness for sweets.

Medorrhinum, another of the useful nosodes to use as an intercurrent when it is constitutionally matching.

Nitricum acidum for cancer of the rectum. Other cancerous areas benefitted by this remedy are the mucocutaneous junctions, such as the mouth, lips, anal margin, urethra, vagina, and vulval margins. Symptoms are ulcerous eruptions and needle-like pricking pains.

Ornithogalum for stomach and colon cancer, used in Plussing Doses. Symptoms are constant stomach pain which is worse with eating; distension; offensive eructations, vomiting of coffee-ground-like matter.

Phosphorus has a specific role treating cancerous tumours or ulcers that haemorrhage, or to arrest any internal or external bleeding. It is often called for in cancers of the throat or female organs. For bleeding it must often be compared with *Sanguinaria*.

Phytolacca for cancers of the breast and parotid gland. There is great affinity to glands whether simple lymphadenitis secondary to infection or metastatic. Affected glands have swelling and induration. Also useful in Hodgkin's and Non-Hodgkin's lymphomas.

Plumbum iodatum for cancers of the brain, specifically astrocytoma and glioma. It is particularly useful for any space-occupying lesions of the brain whether primary or secondary, with special value when the cancerous lesions arise out of nerve cells. It is preferred over *Plumbum metallicum* because the iodide component is helpful with neoplasms and infections.

Pulsatilla nigricans and *Sepia* for cancers of the breast, uterus, ovary, and cervix. Each of these remedies is known for its action on the female reproductive organs but a strong constitutional picture often emerges during case-taking. One specific and less commonly known symptom indicating *Pulsatilla* is the usefulness for relieving trapped gas that cannot be passed.

Radium bromatum can be used for basal cell carcinomas but the primary use is to ward off the side effects of radiation. It can be given during as well as after radiation, usually as 30C taken daily for the entire period plus an additional two months. Its efficacy far surpasses that of potentised **X-ray** for this purpose.

Sabal serrulata for cancer of the prostate. Symptoms are prostate enlargement and a loss of sexual desire, constant urge to urinate, especially during the night, with difficulty starting the flow then never feeling finished. It is useful as a preventive in Split Doses when the PSA is elevated but there is no other evidence of disease, or for cure when used in ~~Plussing Doses~~ in established cases.

Scrophularia nodosa primarily for cancer of the breast, mediastinum or Hodgkin's lymphoma. Glandular areas tend to be soft, rubbery and spongy; patient may have family history of tuberculosis.

Sepia: see **Pulsatilla**.

Strontium carbonicum is extremely effective in infected states of bone cancer. Use if there is a tubercular constitution. Excellent for malignant neoplasms of the bone, either primary or secondary, and chronic osteomyelitis.

Symphytum for sarcoma and various leukaemias. As it is known for near miraculous healing of fractures we tried it for leukaemias since the pathology is from bone marrow. Now there have been hundreds of successful cases. It has proven valuable even in acute leukaemia. It is also helpful for bone loss from osteoporosis or metastatic disease. It is particularly indicated when there is a history of joint pain and inflammation.

Terebinthina oleum: All condylomatous, cauliflower-like malignant neoplasms of the urinary bladder. Though it is commonly used as a palliative remedy for urinary symptoms one must keep this remedy in mind for bladder cancer at all times. Symptoms are blood in the urine (haematuria), burning pains with difficult, scant, painful urination, (cystitis and strangury).

Tuberculinum bovinum is used instead of *Carcinosin* when there is a strong past history of tuberculosis or a strong constitutional indication.

The above list only minimally details the symptoms necessary to prescribe a particular remedy with focus on the cancer-related symptoms. Additional information may be found in any number of homeopathic reference texts. Enough information is provided for homeopathic practitioners to decide which to investigate further but is insufficient for self care which we do not recommend.

Remedies for Palliation for the End of Life

Palliative remedies most frequently used for the end of life are listed below. The descriptions highlight the acute use/palliative aspects of each which were not mentioned in the Organ-Specific section.

Aconitum: Sudden, long-lasting shooting pains accompanied by mental and physical restlessness. Symptoms usually worse at night or in stuffy rooms. Neuralgia pains better by warmth. Fear of death so strong it can turn into a panic attack, often at midnight or later.

Arsenicum album: It has already been mentioned that this remedy can be used in all the remedy categories presented. It is likely the most frequently prescribed cancer palliative and nearly all patients need it at some point during their treatment. Keynote is extreme restlessness on all levels, mentally (from fear and anxiety) or physically with exhaustion and weakness. No relief is possible so the patient paces from one room to another or piles the cushions just so, then immediately has to find another spot. Burning pains which improve from heat, dry mouth with thirst that doesn't yield to sips of liquid. The person needing this remedy is critical, giving directions to those around him as long as he can speak. The caregiver might wish to leave, but this patient fears being alone, death and taking medicine.

Aurum metallicum: Most often used for intolerable bone pain, usually with depression, worse at night and from cold, though better from fresh air and warmth.

Cadmium sulphuratum: Excellent help for persistent, burning vomiting of black matter appearing like coffee grounds. Most pains calling for this remedy are from the stomach. Relief might require repeating the dose every 10-30 minutes. (It is often used during chemotherapy).

Chelidonium: Cancer pains from the liver once it is involved.

Euphorbium: Intense, burning pains of cancer better from cold applications but not from cool air. Similar restlessness to *Arsenicum album*, but differing by the amelioration from cold.

Hydrastis: In end stage disease, often when no other remedy stands out, constipation can accompany severe pain and prostration.

Magnesium phosphoricum: Cramping or muscle spasms, better from pressure such as doubling over. Pain radiates and is better from warmth. Usually needs frequent repetition of the dose.

Nux vomica: The keynote for this remedy is “wants to but can’t”, usually relating to vomiting. Nausea is severe and vomiting would bring relief. The patient is fault-finding with the caregivers and visitors, irritable and nervous, hypersensitive to light, noise, and odours and with a low tolerance for pain. Complaints are worse in the morning and from eating. Naps and warm applications help the pains.

Opium: (Reminder, this is the homeopathically prepared substance, available only in Europe and India, not the United States.) The patient needing this remedy is worse from warmth and sleep, better from fresh air, cold applications, little bits of food and walking. Helpful for distension from fluid retention. Depression from the pains though most complaints are painless. Also helpful for obstinate constipation, a common result of narcotic pain medications. Patient is not reactive, almost stuporous. In higher potencies it might waken the patient from a merciful coma preceding death.

Plumbum iodatum: Primarily for the pains of neurological or intracranial tumours, which can be in the spine, brain, thyroid or pituitary.

General directions for dosing with these remedies when the end of life is near are in the chapter: *Gentling the End of Life*.

Of the remedies listed, the ones most frequently used for pain control are: *Aconitum*, *Arsenicum album*, *Aurum metallicum*, *Cadmium sulphuratum*, *Chelidonium* (in potency and/or mother tincture) *Euphorbium*, *Hydrastis*, *Magnesium phosphoricum*, *Nux vomica*, *Ornithogalum* (mother tincture), *Opium* and *Plumbum iodatum*.

Directions for Plussing

The roots of this protocol are found in Hahnemann's work with the LM potencies. To administer LMs, a dose of the selected remedy is dissolved in water, with a spoonful taken on a repeating schedule. The solution is stirred between doses. Plussing evolved from this method, which (as mentioned before) minimises the risk of aggravations while enhancing the impact of the prescription.

With Plussing, the patient is given a "recipe" for mixing the dry remedy pellets in a specified amount of water. (Choice of water discussed in Q & A section).

Specifically, three pellets (or the number your practitioner calls one dose) are dissolved in 11 teaspoons of spring water, in an approved bottle.

A small additional amount of water is added to ease the actual dosing. Approximately every 10 minutes the patient takes either a teaspoonful or sip. Between each dose the patient gently stirs or swishes the mixture.

Ten teaspoonsful are taken in this manner over about an hour and a half.

The remainder is carried over for the next day.

Upon completion of the day's ten doses or just before beginning again the next day, ten additional teaspoons of fresh water are added to the initial mixture.

No additional pellets of the remedy are added.

This is followed for seven days.

On the last day an eleventh teaspoonful is taken.

On Day eight the procedure begins again with the alternate remedy, fresh water and a fresh bottle.

Every week begins with fresh water, a single dose of remedy pellets and an unused bottle.

It is particularly important that a new bottle is employed for any change of remedy or potency.

The remedies are always prescribed with an organ-specific or constitutional remedy in the first and all “odd numbered” weeks followed by the indicated nosode in week two and thereafter in all “even numbered” weeks. Though this might seem difficult at first, in a week or two, preparing and taking the doses becomes second nature. There is no need to follow the directions so closely as to need a chemistry lab and the time between doses can vary between 10-20 minutes (but not less than ten).

All ten doses must be completed consecutively, they may not be divided into five in the morning and five at night, however they may be taken at a different time each day depending on schedule or preference.

It is important that the patient try to maintain as normal a life schedule as possible rather than forgo all pleasures while adhering to a strict protocol.

As long as there is some of the Plussing “recipe” to carry over to the next day it is almost impossible to do this incorrectly.

Once the patient appears cancer-free for quite some time, confirmed by the Western tests, the Plussing will be halted and switched to Split Doses.

This Split Dose method involves taking three pellets of a single remedy morning, noon, evening and night either one day in a week, alternate weeks, or months. Again, the remedy taken is usually alternated with a nosode.

Treatment is never begun with the Split Dose method, even if the patient comes to us seemingly cancer-free from the completion of allopathic treatments.

Homeopathy with Conventional Medicine

Nearly every cancer patient presenting for homeopathic treatment comes with a diagnosis based on Western testing. The importance of these diagnostic procedures cannot be overstated.

Scans, biopsies and bloodwork give the homeopathic doctor the information to direct their treatment, as well as a valid method of monitoring results. These tests not only inform the homeopathic doctor how the patient is doing but also keep the oncologists aware of progress. If the patient is taking Western treatment concurrently this information is all the more essential.

Once a diagnosis is determined the patient faces choices for treatment. Generally, unless the cancer is at the very earliest stage, if surgery is offered we recommend it. Our bodies heal well from most early stage surgery, particularly with help from the homeopathic remedies taken just before and for several days afterwards. Removing the initial cancerous lesions allows the homeopathy a “head start” in preventing additional cancer growth without the need to remove what is currently present.

Acute Prescribing for Surgery

General directions to use homeopathic remedies to expedite healing, reduce bleeding, pain and effects of anaesthesia are:

Arnica three times daily for one to two days prior to surgery and just before the procedure if possible.

Immediately following the surgery *Arnica* alternated with *Bellis perennis*, each of these 3 times daily for up to three days. The *Bellis* is usually only necessary after surgeries that are deeply internal rather than topical excisions.

Often it is useful to have *Phosphorus* available if assistance is needed to recover from the anaesthesia.

These three may be taken in either 30C or 200C depending on what your practitioner suggests or which is available. While these remedies are most often prescribed for their known acute actions, it is preferable to have a practitioner make the remedy, dosing and potency selection.

Many patients elect to follow the oncologists' advice and take the chemotherapy alongside the homeopathy. It is understandable that patients prefer more than one healing modality be used. In the earlier years homeopathic dosing was restricted to the days when no chemotherapy was administered. Presently the Plussing is allowed to continue straight through. Patients find it easier to follow the daily regimen, and some benefit is still seen, though it is clear the chemotherapy agents reduce the effectiveness of the homeopathic prescribing.

The same now applies to radiation—the Plussing may be taken straight through. This modality compromises the homeopathic prescriptions the most, but still they offer benefit. When possible we encourage patients not to pursue radiation therapy except in very late stages when it offers significant pain control. The remedies, used both orally and in ointment form, offer tremendous benefit in preventing the pain and discomfort of skin burns.

When treating the skin during radiation it is essential to ascertain from the radiologist, any ingredient not allowed in topical preparations as some can interfere.

Mostly the products found in organic/health food-type shops work the best. To prevent radiation burns it is best to treat the affected area with *Urtica urens* cream before and after each treatment. Many also apply *Aloe vera* in alternation, using each product 2-3 times daily. These help the skin retain softness and keep up with the burning as it occurs. If this is not sufficient *Cantharis* 30C may be taken daily, or a few pellets of *Cantharis* can be dissolved in a glass of water and applied with a gauze pad. If the *Urtica urens* cream is unavailable there are several other natural burn creams on the market.

For the use of constitutional prescribing in cancer see the section: Directions for Homeopaths.

Prevention and Recurrence

Family members of cancer patients are often concerned for themselves, wondering if this disease will strike them as well. For such patients, presenting with no sign of the disease, we often prescribe *Carcinosin* 200C, in one Split Dose every three or four months as a preventive. Of course there is no certain validation of these results. More often patients report for homeopathic treatment when they have a recurrence of a previously treated cancer. In this area the results are verifiable. Many examples in the previous cases demonstrate how Plussing is used to treat the recurrence, then prevent another from occurring.

Statistics

The statistics listed below consist only of viable cases treated with the Plussing method since 1993. Viable cases exclude those where there was no expectation of cure at the initiation of homeopathic treatment. Success rate means the patient was free of cancer for at least five years even if the treatment continued once the pathology reports were clear. In many of these cancers the success rates would be higher if patients came for homeopathic treatment at the time of diagnosis, regardless of stage. Other factors to consider when contemplating these numbers are that many patients do not turn to homeopathy until they have exhausted all traditional Western treatments. This makes treatment much more difficult as their situations are more established and advanced. Also, many patients do not comply fully with the prescribed protocol and this hinders the results.

	No. of Viable Cases	No. of Successes	Success Rate
Bone cancer	203	165	81%
Brain cancer	435	361	83%
Breast cancer	824	709	86%
Bladder Cancer	117	91	78%
Cervical cancer	192	146	76%
Colon cancer	406	272	67%
Hodgkin’s lymphoma	198	160	81%
Larynx and vocal cord	336	272	81%
Leukaemia	276	204	74%
Liver cancer	208	96	46%
Lung cancer	369	244	66%
Mediastinal cancer	53	41	77%

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	No. of Viable Cases	No. of Successes	Success Rate
Melanoma	72	56	78%
Oesophagus	303	258	85%
Oral cavity	312	278	89%
Ovarian cancer	173	126	73%
Pancreatic cancer	206	161	78%
Prostate cancer	453	380	84%
Rectal cancer	283	238	84%
Skin cancer	214	184	86%
Stomach cancer	192	117	61%
Thyroid and parotid gland	73	57	78%
Uterine cancer	82	43	52%

Frequently Asked Questions with Answers

1 Q: This all seems so complicated, can you tell me how long the treatment will take and what liberties can be taken with the Plussing?

A: Eighteen months is the minimum for adults, usually for those that begin treatment already “cancer-free.” This can extend to several years for those with advanced disease, history of recurrence or more difficult diagnosis. In children, once the cancer has responded to treatment it need not be continued as long as in adults.

Stopping the treatment before the doctor says it is complete sets patients up for recurrence while continuing longer can do no harm. Sadly, many cases present after treatment by another prescriber ceased too soon.

Plussing does sound complicated, and perhaps might truly be during the first week or two, then it evolves into part of your normal day just as all other daily habits. There is quite a bit of flexibility built into the method. The 10 doses may be taken at any time each day that is convenient for you, and can differ from day to day. As long as the 10 doses are taken within the 90-120 minute time frame the exact spacing is not critical. Approximately 10 minutes is ideal but if a few are taken at 15 or 20 minutes, that is allowed. It is essential to not shorten the overall time frame or divide it into 5 doses in the morning and 5 at night. The 10 doses must be consecutive.

As long as you have some mixture to carry over to the next day there is really nothing else you can do to make the dosing incorrect. At the end of the week the remaining

liquid is taken as an 11th dose. Each week a completely new mixture is used. Note that the remedy itself is only added on the 1st day of each week.

2 Q: Is eating or drinking permitted during the dosing time?

A: Food is not permitted but if necessary non-medicinal teas or clear liquids are, but to satisfy thirst, water is preferred during the Plussing time.

3 Q: What happens if circumstances cause a day or two to be missed?

A: If the Plussing is fully established, and once in a rare while life gets too busy, travel is involved, or an exhausting day of medical treatments occur and the day ends before the doses are taken there is no consequence, just be extra vigilant the following days. If only one day is missed, and we stress the importance of this only being one day, it is the patient's option to make it up or just skip the day. For many patients keeping the regular schedule for the weekly change of remedy is paramount.

4 Q: Are breaks ever allowed in this intense regimen?

A: Once in a while a brief break from the strict regimen is allowed. This occurs only if the patient is no longer in a critical condition, and the reason for the request is important and enhances the patient's quality of life (e.g., a child graduating or getting married in another part of the country). Otherwise, there is no respite from the regimen until it is determined that the patient is well enough to progress to the less frequent dosing schedule. If such a break is permitted it is crucial that the patient report back for follow-up at the end of the agreed time off.

5 Q: How often must the patient follow-up with the doctor?

A: Follow-up is required every 8 weeks during the initial phase of treatment. This time period gets extended once the patient is healthy and being weaned from all treatment. Various prescribers might have different time-frames and those should all be rigidly adhered to.

Note here that the cases referenced mention longer times between follow-ups. This is for expedience in reporting the case, but every patient was actually followed frequently.

6 Q: How is the medicine stored from one day until the next?

A: If possible in a covered jar or bottle, on the counter or in the refrigerator if you prefer. Be certain to use a new jar for every change of remedy or potency even if the old jar has been washed.

7 Q: What happens if an acute situation calls for the administration of another remedy or allopathic medication?

A: The Plussing continues throughout the acute situation since there is enough time during the rest of the day to take the acute prescription. It is best for the acute prescription to be a different, (preferably lower) potency than the Plussed dose. If the acute treatment needs to be an allopathic medication the homeopath must be advised so he can do his best to work alongside those medicines. Often the allopathic medications can interfere with the homeopathy (never the opposite) so their use should be only when absolutely necessary. Often in the later stages they are indispensable and should not be avoided at that point of treatment.

8 Q: Often more than one remedy is prescribed in Dry Doses. Can these ever be taken together?

A: Since low potency remedies are often prescribed alongside the Plussing Doses the following rules apply:

Low potencies (such as 3X, 6X, 12X) can all be taken together.

Higher potency (30C) and low such as 6X can be taken together.

Two different remedies in (for example) 30C and 200C potencies must be taken at least 15 minutes apart.

- 9** Q: What is the size of a dose since the remedies are supplied in many different shapes and sizes?

A: The standard dosage is 3 globules or pellets, or 15-20 if they are of poppy seed-sized granules. For the granules it is best to sprinkle some into the water rather than handle them to get a precise amount. The exact number of granules is not critical. If they are tablets similar in size to baby aspirin take the number specified. It is better to be a bit relaxed about the size of the dose rather than create a stressful situation.

- 10** Q: Do you ever use the preparation that is made from a patient's own tumour?

A: This question is asked by many patients because it sounds sensible—like it should work. Dr Ramakrishnan does not prescribe remedies made from the actual tumour source for several reasons, primarily because they have never been shown to work. Secondly these remedies are unproven according to homeopathic methodology and to use them would be an isopathic (same) prescription rather than the correct homeopathic similar prescription.

- 11** Q: Is the Plussing method ever used for other serious illnesses?

A: The actual Plussing method is used for cancer only. This refers to the directions specified in this volume for the frequent repetition of slightly altered doses. Often other illnesses are treated with remedies dissolved in water but they are administered differently.

12 Q: Are any other alternative therapies permitted while following the Plussing protocol?

A: Most practitioners (of any modality) prefer that their treatment alone is followed as it makes determining effectiveness easier. That being said, most cancer patients feel they can never be doing enough to make themselves well so acupuncture, chiropractic, massage and all other external, hands-on treatments (but not with electrical stimulation) are allowed. In addition, Ayurvedic medicines, diets and supplements are permitted. This includes vitamins, minerals, foods but no herbal products. Not allowed are Chinese and Tibetan herbs, Western herbs and magnets.

It is recommended that patients investigate a variety of alternatives to use either alone or in conjunction with their Western treatment. This includes the choice to follow Dr Ramakrishnan's Plussing protocol. It is then most beneficial for the patient to stop looking or taking up suggestions from well-meaning friends, and comply properly with the selected therapies. The quest to constantly seek out the next or additional treatment is too stressful. It is desirable for the patient to maintain as much normalcy as possible during this time when almost nothing is normal. This contributes to his emotional well being by refusing to let the disease and its treatment dominate.

13 Q: What about coffee, alcohol and diet?

A: Most of the time moderate coffee drinking is allowed for patients who already are coffee drinkers. Those who drink it in large quantities are asked to reduce it while those who do not should not take it up. With alcohol, moderate use is permitted as long as there is no liver involvement. As for diet, it is preferable for the patient to have as healthy a diet as is practical for him to follow with "splurges" and treats allowed on occasion. Some extremely restrictive diets give the disease too much power to control daily life so moderation is recommended.

14 Q: Can homeopathy interfere with the immune suppression induced by chemotherapy for organ and stem cell transplants? We always hear how homeopathy tries to revitalise immunity.

A: Homeopathic medicines do not rev up the production of immunoglobulins. They merely give a dynamic protection for the metabolism to function at its best. That is why we are able to give this while under preparation for a stem cell transplant as well as other situations such as in a case of renal transplant. After the patient is put on a long term, if not life-long immunosuppressant, we still treat them homeopathically and there isn't even a remote chance of organ rejection from the homeopathic remedies.

15 Q: What type of bottle is preferred for mixing the Plussing recipe?

A: This is one of the most controversial questions. Recommended are the small plastic bottles of spring water, such as are served by the airlines. These are easily available in quantity insuring a new and fresh bottle for the start of each week. Many are opposed to using plastic and may certainly use glass as long as they replace them as required. The biggest problem with glass bottles is the restriction they place on taking the remedy away from home with you. A plastic bottle might have a sports lid so you can have a sip (instead of a spoonful) while you shop, take a walk or go to a movie. As long as you use a fresh bottle the type is really up to personal preference. Note, spring water is preferred while reverse osmosis, distilled and municipal water are not to be used. (Tap water is not allowed due to the additives such as chlorine and fluoride, reverse osmosis and distilled water lack beneficial, naturally-occurring minerals).

16 Q: Now that airport security is so restrictive, how can I keep up my Plussing Doses if I have to travel?

A: This is now only a small challenge. The easiest is to take your usual doses the day before the trip, then pour the leftover (11th teaspoon) into a small bottle and include it in your allowed quart bag of liquids. Once through security you can refill an empty bottle of your own with some from a newly purchased bottle of water and take that day's dose while waiting for your flight.

17 Q: In late stage disease or while in the hospital how can the Plussing be kept up?

A: As mentioned in the text, it is of utmost importance to have a committed caretaker or family member to help during these times. In the hospital it is vital to have your own bottle, preferably distinctive looking, labelled and decorated with the patient's name. Announce to all staff that you only like to drink "XYZ" brand of water which is in the personal bottle, so hospital personnel don't remove it. Get the 10 doses in as best you can. If the patient is sleeping, groggy, unresponsive or there is medical equipment that prevents swallowing, the caregiver may use a dropper to place some of the medicine between the teeth and lip. There is no requirement to swallow. As long as this is prearranged with the patient, they do not mind and are not disturbed. Be sure the patient expects this as it would be quite startling to have someone pulling at their mouth squirting in medicine otherwise.

18 Q: Can the Plussing method be used for pets?

A: While Dr Ramakrishnan does not treat pets, many homeopaths have adapted the method for use with pets, and many compliant pet "parents" comply with the Plussing schedule. We cannot verify the results but have received many reports of successful treatment, tumour shrinkage, cures, extended life and palliation.

Conclusion and the Future

This work with cancer is now being used to treat the cancers of AIDS and the initial results are encouraging. So far there are many cases where the cancers were controlled sufficiently to allow more years of life to these patients. This appears to be the future of my work.

As has been shown, the results with some “incurable” children’s cancers are nearly miraculous.

The objective of this book is multifaceted, to teach homeopathic practitioners to take up this work and to offer hope, healing and encouragement to patients with this insidious disease. It is our hope that practitioners will merge this often successful method with their own knowledge resulting in the Plussing protocol becoming available to an ever wider number of patients. All readers should remember that the individuality of homeopathic prescriptions is paramount, that none of the cases presented represent a formula for all similar cases.

Appendix

About the Author

Dr AU Ramakrishnan has worked diligently to extend the benefits of homeopathy to all walks of life. He has medically treated and offered educational consultation to thousands of people in India, Europe, Ireland, Hong Kong, Singapore and the United States.

Dr Ramakrishnan is the author of *A Homeopathic Approach to Cancer*.

Education

MBBS Madras Medical College; M.F. Hom. Faculty of Homeopathy, London; Awarded PhD for Homeopathic treatment of Diabetes in Denmark

Appointments

- ▶ Hon. Homeopathic Physician to the President of India
- ▶ Scientific Advisor Board, CCRIMH, Govt, of India, New Delhi (1973)
- ▶ Hon. Advisor to Govt. of Tamil Nadu (1978)
- ▶ National Institute of Homeopathy, Calcutta (1979)
- ▶ President Homeopathic Medical Assoc, of India, Tamil Nadu State Branch (1979)
- ▶ Homeopathic Pharmacopoeia Committee, Govt, of India (1982)
- ▶ Board of Studies, Madurai Kamaraj University, Tamil Nadu, (1985)
- ▶ Governing Body of National Institute of Homeopathy (1985)
- ▶ Chairman, Board of Studies, Dr MGR Medical University, Madras (1989, 1994)
- ▶ Scientific Advisory Committee, CCRH, New Delhi (1993)
- ▶ Chief Homeopathic Physician of the World Medical Faculty and Senior Evaluator of its International Medical Science Research Board (1994)
- ▶ Chief Executive OMHI (Switzerland)

Delegations, Consultations and Lectures

- ▶ Homeopathic Clinical Research Projects of CCRIMH (1974)
- ▶ National Institute of Homeopathy, Calcutta (1978)
- ▶ Cancer Research Institute Arlesheim, Switzerland (1978)
- ▶ Seminar to Teach Homeopathy, France (1985)

Important Papers Presented

- ▶ International Congress, Rome (1981)
- ▶ International Congress, Sussex University, Brighton, England (1982)
- ▶ International Congress, Vienna (1983)
- ▶ World Congress of Medicina Alternative, Stockholm, Sweden (1984);
- ▶ World Congress, Copenhagen, Denmark (1984)
- ▶ International Congress, Argentina (1984)
- ▶ International Homeopathic Medical League, Geneva (1985)
- ▶ International Homeopathic Medical League, Rio de Janeiro, Brazil (1986)
- ▶ WHO Sponsored Seminar by CCRH, New Delhi (1987) National Center for Homeopathy Annual Conference, Washington, DC, USA (1987)
- ▶ British Homeopathic Congress, Liverpool, England (1987)
- ▶ Asian Homeopathic Medical League Conference, Kuala Lumpur, Malaysia (1990)
- ▶ OMH1 Congress, Mexico City, Mexico (1990)

Seminars on the Homeopathic Approach to Cancer and Other Diseases

- ▶ San Francisco, Boston, Pittsburgh, Los Angeles, New York, Denver, Toronto, Vancouver, Dublin, London, Brighton, Newcastle, Amsterdam, Bern, and Kothen

Post Graduate Courses in Homeopathy

- ▶ London, Newcastle, Dublin, Colorado, Phoenix, Arizona, and New York

Homeopathic Education and Research Foundation (HEAR)

HEAR strives to advance the science of homeopathy from its status as an “alternative medicine” to a prominent and complementary branch of treatment. HEAR promotes education worldwide, conducting research on many disease conditions that are a challenge to the medical community.

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Dr AU Ramakrishnan

At last, a method for confidence building in treating and managing cancer cases.

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During his long-time practice, Dr. Ramakrishnan has made adjustments to his prescribing when necessary. In this volume, he shares the refinements to his protocol. For example, a previously, rarely used remedy shows efficacy in repeated cases or perhaps a one time change is made for a particular patient’s individual circumstance, then found to work for others.

It is a systematic and simple to follow practical guide describing the homeopathic treatment of over 25 types of cancers. It also includes over 100 case examples along with strategies for handling the many stages this disease can take, including terminal situations. The book also contains updates of cases previously published.

The hope is for homeopathic doctors and practitioners to become comfortable treating cases with serious pathology. Patients too should become familiar with options for their own care that can be used exclusively or alongside their conventional treatments. Many of the most frequently asked questions are answered here to help patients and practitioners make the best decisions in each situation.

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